

# Sindhi High School, Hebbal

(Affiliated to CBSE, New Delhi)

33/2A & 2B, Kempapura Hebbal, Bengaluru-560024

Sponsors: Sindhi Seva Samiti

## *THE SINDHIAN NEWSLETTER ISSUE-2*



To quote, George Couros – “**Learning is creation, not consumption.**”

The growth of each individual student is our focus. The students are offered many opportunities to grow at their pace and to explore their interests in club activities, sports and a large variety of musical ventures. Our students are encouraged to take part in all internal and external programmes. The second edition of newsletter is a collation of all activities in the school and out of it. As you learn, you undoubtedly grow. Learn as much as you can. Knowledge is power. Knowledge is not something a learner absorbs, but something a learner creates.

With Best Wishes,

**Mrs. Maithreyi Satyadev**

Principal

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## Teacher's Day -2K22

'It is the supreme art of the teacher to awaken joy in creative expression and knowledge'. Like every year, this year also our school celebrated Teacher's Day with fervor and zeal. An event was organized to acknowledge the dedication and hard work of the teachers. It was held in our beautifully decorated auditorium. The event commenced with the lighting of the lamp and garlanding of the portrait of the great educationist and philosopher Dr. Sarvepalli Radhakrishnan. The Principal gave a speech on Dr. Radhakrishnan and the role of teachers in shaping the society, asking the teachers to be conscious of their status as role models. The President of Sindhi Group of Educational Institutions, congratulated the teachers and encouraged them to be enthusiastic. Teachers and support staff who completed 15 years of service in our educational institution were felicitated.



## Teacher's Day Out

The staff members of Sindhi High School went on a two day trip to Tirumala , the holy town in Tirupati. Apart from relaxation, it was the divine feeling which made the trip special for each member of the team. The journey to the holy hills was an enjoyable one , both due to the exquisite scenery on the way and the singing in the bus. Memories of this trip, will linger with us for a long time.



# WALKING FOR A REASON

**“If you seek creative ideas , go walking” -Raymond Inmon**

A walkathon to promote a clean and green Bengaluru, was organized on the 10th of September 2022 by Sindhi High School, Kumar Krupa Road, to celebrate 40 years of their institution. It was a momentous occasion which was joined by Sindhi High School, Hebbal and other institutions of the Sindhi Seva Samiti. More than 2000 walkers participated. The walkathon was flagged off by Member of Parliament, Shri Tejaswi Surya. Tableau showcasing the theme of cleanliness – “ One Mission – Clean Bangalore” and “From Garbage City to Garden City ” were the highlights of the occasion. The tableau was decorated beautifully. Students performed dances, songs and role-plays based on the theme. The protagonists, our students walked enthusiastically, distributing saplings along the way.



**WALK-A-THON**

**WALK-A-THON**

**WALK-A-THON**

DASARA

## Garba Navratri Celebrations

Our school celebrated the “Garba Navratri celebrations” on 23rd September 2022 In which the teachers and the staff participated with great enthusiasm. The staff attired in traditional dresses added fervour to the festive mood. All danced to the beats of ‘Dandiya’ very devotedly, creating a vibrant and exuberant show.



## SARASWATHI & AYUDHA POOJA CELEBRATIONS

Saraswati Pooja and Ayudha Pooja was celebrated in October. On the auspicious day of Saraswati Puja, the school came together to seek the blessings of the Goddess of knowledge, music, art and culture. All the vehicles were cleaned and pooja was performed for all the tools and books. Students were enlightened on the concept of worshipping Goddess of knowledge, ending the event by serving prasad to everyone present.

DASARA

# Navratri Celebrations



Deepavali

# Deepavali Celebrations



**“May This Deepavali Fulfill All Your Dreams And Bring Happiness To Your Life Forever”**

Deepavali is the festival of lights which is celebrated in various regions across India. The name ‘Deepavali’ literally means an ‘array of lights’. To make the students understand the importance of Deepavali Sindhi High School held a celebration in school. Special Lakshmi Pooja was done. Teachers explained the importance of Deepavali, that the festival signifies the victory of light over darkness, knowledge over ignorance, good over evil, and hope over despair. Children decorated diyas with colours and glitter. Students enjoyed the Deepavali celebrations wholeheartedly.





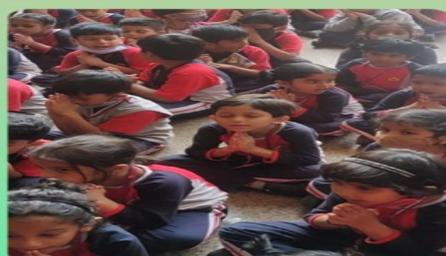
DIWALI WAS CELEBRATED  
IN SCHOOL WITH DEVOTION  
AND RELIGIOUS ZEAL.

THE STUDENTS RECITED SHLOKAS  
AND PRAYERS TO GODDESS LAXMI.

THE TINY TOTS PAINTED DIYAS,  
MADE LANTERNS AND DECORATED

THE SCHOOL CORRIDORS  
WITH DIYAS AND RANGOLI.

DIWALI



## "Love the giver more than the gift."

This year on 24<sup>th</sup> December 2022, our school had organized a program to celebrate Christmas. The entire school was beautifully decorated with flowers, festivals, lights, posters and models. All the students and faculty members were very excited and full of enthusiasm for the celebration. The ceremony began with prayers and carols. Various programs were organized one after the other. One of which was a performance where a group of class 9 students presented a beautiful play on the theme of Christmas. After that, a student disguised as Santa Claus came with a bag containing several gifts.



*Christmas Celebration*



# MERRY CHRISTMAS



CHRISTMAS WAS CELEBRATED ON 22ND DECEMBER 2022 WITH GREAT FUN AND FROLIC. TINY TOTS AND TEACHERS WERE DRESSED IN SANTA'S FAVORITE COLOUR ATTIRE RED/GREEN. THE SCHOOL WAS BEAUTIFULLY DECORATED WITH A CHRISTMAS TREE, CRIB, GLITTER AND LIGHTS. THE SIGNIFICANCE OF THIS FESTIVAL WAS TOLD TO THE STUDENTS. THE ENTRY OF SANTA CLAUS WAS LIKE ICING ON THE CAKE. THE CHILDREN AND TEACHERS WISHED SANTA. THEY SANG AND DANCED POPULAR CAROLS WITH SANTA. CHILDREN GOT A THANK YOU CARD FOR SANTA.



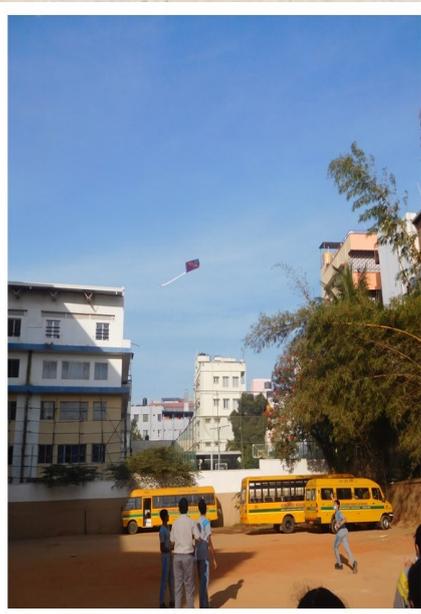
Christmas



Sankranti



# Sankranti



**Makar Sankranti** is celebrated with different names and customs in different parts of India. The festival is known as Lohri in North India, Makara Sankranti in Karnataka and Andhra Pradesh, Magh Bihu in Assam, and Pongal in Tamil Nadu. The day marks the winter solstice. Students of classes 5- 12 celebrated on the school ground. A colorful stage was recreated to celebrate the festival and to enable the children to understand the importance of how and why the festival is celebrated. This helped them appreciate the traditions associated with it. The harvest festival was introduced to children through a story which highlighted the significance of the festival. Be it the reason behind using jaggery in the sweets or the importance of flying kites, when the children realise the significance, they enjoy the festival and its traditions. With the help of a colourful backdrop, picture cards and real materials like mango leaves toran, yellu bella (sesame and jaggery), sakkarae acchu (sugar dolls), kabbu (sugar cane) and clay pots the festival came to life! It helped the children understand the importance of the harvest festival and helped to inculcate moral values like politeness, sharing, respect towards elders, and respect for nature. Music, speeches, songs, dances, skits and, kite flying also reinforced the concept of Sankranti where people worship the Sun God.

Sankranti



Sankranti



Kite-Fest



HAPPY  
Makar Sankranti



HAPPY  
Makar Sankranti

## 18<sup>TH</sup> PRE- PRIMARY ANNUAL DAY

### THE ADVENTURES OF MOWGLI

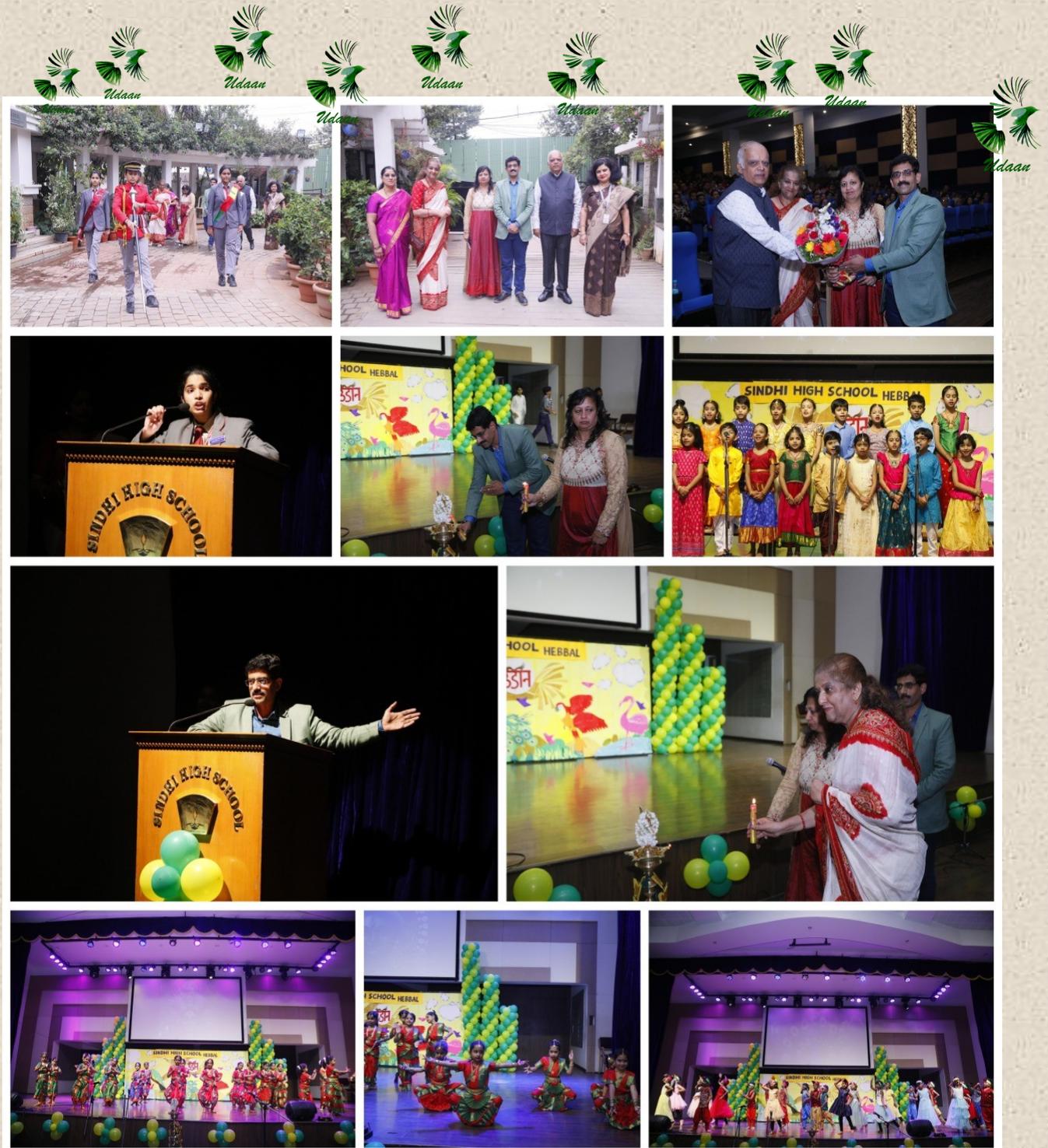
***“Coming together is a beginning, keeping together is progress, working together is success”.***

Annual day is a day fostering reports and the success achieved by the sheer hardwork and perseverance of our little Sindhians. This year the much awaited event of the year – Pre Primary Annual Day was celebrated on 11<sup>th</sup> November 2022. The stage was set on fire by our little thespians who performed radiantly depicting the story of “Jungle Book” in the form of dance drama “THE ADVENTURES OF MOWGLI”. The Chief guest Mr .Chintallapally Ramesh, a great Sangeetha Vidwan graced the occasion. His inspirational words and melodious singing enriched the occasion.



## 18<sup>TH</sup> PRIMARY ANNUAL DAY – UDAAN

The annual day for primary section was held on the 12th of November and was full of exuberance, happiness. The enthusiasm of the children of classes 1 and 2 was mind blowing as they performed on the theme of 'UDAAN', a flight of confidence, courage, learning and the dreams of our children. The performances created beautiful memories to cherish for both the students and the parents. The Chief Guest for the day, Dr. Venkata Subramaniam, an Ophthalmologist and Mridangam player enjoyed it thoroughly.



# 18<sup>TH</sup> PRIMARY ANNUAL DAY— UDAAN



# 18<sup>TH</sup> JUNIOR ANNUAL DAY - *VISMAYA*

“Nothing ever goes away – it just changes into something beautiful”

Change in life is inevitable. The theme of transformation ‘Metamorphosis’ was exuberantly displayed by our vibrant students of classes 3, 4 & 5 in the Annual Day themed “VISMAYA” held on 12th November 2022.

The school’s annual report was presented by our Vice Principal Mrs Chitralekha P. Miss Meghna Das, a classical dancer, choreographer, teacher and an established writer who was the Chief Guest of the day. She was mesmerized by the fantabulous performance of our little ones. The colours of happiness were clearly visible among the audience watching the show.



# 18<sup>TH</sup> JUNIOR ANNUAL DAY - *VISMAYA*



# 18<sup>TH</sup> MIDDLE SCHOOL ANNUAL DAY

## *Commonsense is superior to scholarship -Panchatantra.*

The 18th Middle school annual day was held on 12th November, 2022. Around 450 charismatic children of classes 6, 7 & 8 enthralled the audience with their depiction of Panchatantra.

The annual report was presented by our Vice Principal Ms Rachana Sharma.

The poise and the confidence of the children were unrivalled. They mesmerized the audience who were glued to their seats. Sri Shashidhar Kote, a versatile singer, actor and music director was the guest of honour. He was all in praise for the show and appreciated the school for taking such an edifying topic which is the need of the hour.



18<sup>TH</sup> MIDDLE SCHOOL ANNUAL DAY

*Commonsense is superior to scholarship -Panchatantra.*



# 18TH ANNUAL DAY – *DHWANI*

## *Melody : The soothing sounds of nature*

The 18th Annual Day Celebrations of the Senior wing of the school was held on 17th November, 2022. Dhvani, a magnum opus that witnessed the participation of more than 500 students was a spectacular display of talent, mystery and harmony seamlessly scripted into the melody of Dhvani, left everyone spellbound. The stupendous performance by the children-be it the delightfully adorable Kings and Queens, the invincible artists and the splendid portrayals of warriors, in this ensemble was awe-inspiring and had everyone glued to their seats. The melodious singing by our music troupe, the stunning dance performances, the spectacular stage set up, the fabulous props coupled with superb visual effects added to the allure and the mystical aura of the show. Dr. K P Puthuraya, Ex Director of RGUHS- writer, orator and educationist graced the occasion as the chief guest.



18TH ANNUAL DAY – **DWHANI**  
Melody : The soothing sounds of nature



# 18<sup>TH</sup> SCHOOL ANNUAL DAY

## Best All Rounder 2022-23

The function was presided over by honourable President (Sindhi Seva Samiti), Sri Madan Doulatram. Principal Mrs. Maithreyi Satyadev extended a warm welcome to the dignitaries and presented the Annual Report. She read out the achievements of the school and wished success to the students. The Annual Prize Distribution function was a moment of pride and honour for all the winners and achievers of the school. The students were awarded prizes in the Academics as well as in the Co-Curricular areas for the **academic year 2021-22**. The best house trophies in Academics and Co-curricular were presented to Earth and Neptune respectively.



Best All Rounder—Junior Category

Maitreyee Narahari Pujari



Best All Rounder—Senior Category

Sumukha Upadhaya



Best All Rounder-Senior Secondary Category

Yashaswi Jana



The Best House in Academics -

**EARTH**



The Best House in CCA - **NEPTUNE**



**SINDHI HIGH SCHOOL,HEBBAL**  
**GENERAL PROFICIENCY LIST (2021-22)**



**I A**

Name of the students	Rank
SURBHI SINGH	1
MOHAMMED IMAADUDDIN	2
POORVITH S GOWDA	3



**SURBHI SINGH**



**CHIRANTHANA R**

**IB**

CHIRANTHANA R	1
AARNAV S	2
DEVANSH MAMODIA	3
S V KRITHVIK	
TANVIKA SURESH	



**ZAARA AHMED**



**VIHAAN S K**

**IC**

VIHAAN SANDEEP KUMBLE	1
SANNIDHI N	2
ADVIK GOUDA	3

**ID**

ZAARA AHMED	1
S HEMANYA	2
TANVIKA AEROLLA	3



**AAROOHI**

**BHAVIN S AND PRADHAAN S**



**ADBHUTH R**



**SARAYU J S**

Name of the students	Rank
----------------------	------

**II A**

ADBHUTH R	1
CHIRASVI REDDY B	2
CHARITH REDDY B	3

**II B**

SARAYU J S	1
B AKSHAY RAM	2
OMKAR PRASAD K	3

**IIC**

BHAVIN SHIVAKUMAR	1
PRADHAAN SHANDILYA	1
ANVIKA ARYA	2
PRANATHI S	2
AADYA SHAILESH SHANTAGIRI	3

**II D**

AAROOHI	1
RAMYA SHARMA	2
SANCHITHA K A	3

# GENERAL PROFICIENCY LIST (2021-22)



**SAMANYU GURUDAS SHET**



**G P AKASH**



**DIA VIVEK**



**HARSHIL D**

Name of the students	Rank
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### III A

AAKARSH VJAYAKUMAR GARU-DANAGIRI	1
DEEKSHA NAYAK	2
RUTHVIKA C N	3

### III B

ADHRUTH RAVICHANDAN	1
MANVI V	2
SAMARTH SAI	3

### III C

PRIYAMVADA VASIREDDY	1
SNIKITHA BHAVANARI	2
DHISHA P	3

### III D

DUTISHARAJESH	1
DUGHANRAJESH	2
DHANVIR	3

Name of the students	Rank
----------------------	------

### IV A

SAMANYU GURUDAS SHET	1
ADARSH SANGANA GOU-DA TONDIHAL	2
PRATEEK P VASIST	3

### IV B

G P AKASH	1
SUSHANTH VUNDAVILLI	2
PRANAVI GIRISH	3

### IV C

DIA VIVEK	1
AKSHARA HEMANTH	2
OJAS VIJAY OLETY	3

### IV D

HARSHIL D	1
ARFA NITTUR	2
GAGAN SHIVAKUMAR	3



**DUTISHA RAJESH**



**PRIYAMVADA VASIREDDY**



**ADHRUTH RAVICHANDAN**



**AAKARSH VIJAYAKUMAR**

## GENERAL PROFICIENCY LIST (2021-22)



**ANSH MUKUND VASH-**



**PRANITHA GIRIDHAR**



Name of the students	Rank
----------------------	------

### VIA

PRANITHA GIRIDHAR	1
VISHAK NAVEEN	2
DEEPTHANGEE PANAMBUR	3

### VIB

ANSH MUKUND VASHIST	1
SAMARTH PRASAD VADER	2
MEGHANA KALLUR	3

### VIC

KRISHNA S PUNJABI	1
SUHANI KUMAR	2
LOHITAKSHASELVAKUMAR	3

### VID

TANUSH R	1
PRITHVI MATHAPATI	2
SRIHAN CHATTERJEE	3

Name of the students	Rank
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### V A

GANESH MANOMAY	1
HARSHAVARDHANA NARESH HOLLA	2
CHINMAYI P	3

### V B

SATHVIK BHAT M	1
RISHITH V SANJI	2
NAVYA SIDDHU KOLKUR	3

### V C

MAITREYEE NARAHARI PUJARI	1
DAKSH HEMANTH	2
LAKSH HARISH KUKREJA	3
THANMAYE VELURU	

### V D

PRANJALI K M	1
THANMAY PRADEEP	2
SAKSHI KHURANA	3



**GANESH MANOMAY**



**SATHVIK BHAT M**



**PRANJALI K M**



**MAITREYEE NARAHARI PUJARI**

**GENERAL PROFICIENCY LIST (2021-22)**

Name of the students	Rank
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**VII A**

RACHANA RAJSHEKAR PATIL	1
ZOHA TASNEEM	2
TULIP THARWANI	3



Rachana R



Sharvani Shekar

**VII B**

SHARVANI SHEKAR	1
SREYA MANEPALLI	2
MILIT RASTOGI	3



ASMITA CHETAN WASHIKAR



Alisha Ray

**VII C**

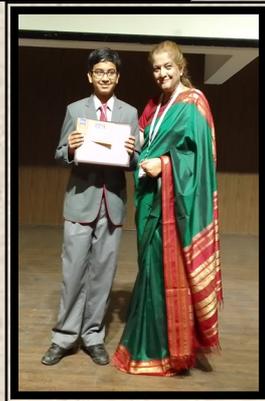
ASMITA CHETAN WASHIKAR	1
NEIL DEEPAK DHARWADKAR	2
SHRESTH VATSYA	3

**VII D**

ALISHA RAY	1
LAKHI ADITHI SANNALA	2
CHETAN SAI BHADRI	3



ADITI RAMMOHAN



SHUBIR SINGH



AKHILA VIPIN MADANGARLI



JANVI SHARMA

Name of the students	Rank
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**VIII A**

SHUBIR SINGH	1
SHRIYA THYAGARAJA	2
PURVA PRASHANT SOLSI	3

**VIII B**

ADITI RAMMOHAN	1
SAANVI SHIVANANDA	2
BHUMIKA DAS	3

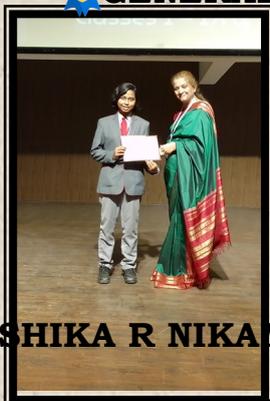
**VIII C**

JANVI SHARMA	1
SREE VIDHULA A	2
ANUSHKA SARDA	3

**VIII D**

AKHILA VIPIN MADANGARLI	1
ANINDITA GUHA NEOGI	2
ANCHAL SINGH	3

**GENERAL PROFICIENCY LIST (2021-22)**



**ESHIKA R NIKAM**

Name of the students	Rank
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**XI A**

PRANAB RAY	1
MANYA RAVISHANKAR	2
SAIPUSHKAR NAGARAJ	3

**XI B**

ESHIKA R NIKAM	1
HRISHI MENON M	2
DIVYA SWARANSHI	3

**XI C**

KAVIN NARAYANAN	1
ARUNDATI T	2
R MOUMITHA REDDY	3



**KAVIN NARAYANAN**



**PRANABAY R**

Name of the students	Rank
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**IX A**

RAGHAVI K	1
VASUNDHARA S RAO	2
AMOGH G KARIGOUDAR	3

**IX B**

JAGJITH BALACHANDHER	1
RAKSHITH KANNAN	2
SAANVI RAJ	3

**IX C**

SAMEEKSHA S V	1
ADARSH HITESH SHAH	2
KULDEEP	3

**IX D**

VARCHAS JASTI	1
SANUSHA THOMSON	2
SAHIL KHURANA	3



**RAGHAVI K**



**JAGJITH BALACHANDHER**



**SAMEEKSHA S V**



**VARCHAS JASTI**



# GENERAL PROFICIENCY LIST (2021-22) CLASS 1 TO 12





# GENERAL PROFICIENCY LIST (2021-22) CLASS 1 TO 12





# GENERAL PROFICIENCY LIST (2021-22) CLASS 1 TO 12



## 18<sup>th</sup> PRE-PRIMARY SPORTS DAY

***“Sports is all about stamina, speed, strength, spirit and skill.”***

Sports enhances the will to win, the desire to succeed and urge to reach one's full potential while unlocking the door to personal excellence, which was undeniably exhibited by the little twinkling stars of SHS Hebbal on 2<sup>nd</sup> December 2022. The flag was hoisted by our chief guest, **Sri Siddarth Asrani** (Chairman of Sindhi Sports Sub-committee) who also declared the commencement of the sports meet by releasing the colourful balloons. The drumbeat rolls, charismatic band, the synchronised swing of arms and the sound of thudding feet stirred exuberance within us. Besides being spectacular, there was something inexplicably inspiring about the march past which represented the sense of dignity and pride among the little ones. Many events like 'Feeding the Bunny', 'Caterpillar Race' etc completely enthralled the audience.



## 18<sup>th</sup> PRIMARY SPORTS DAY

**“With hard work, belief, confidence and trust in yourself and those around you, there are no limits.”-Michael Phelps .**

To inculcate the core values of sportsmanship and synergy in the minds of young Sindhians ,Sindhi High School , Hebbal organized its 18th Junior Sports Meet on 3rd December, 2022.The chief guest of the day was Mrs.Krupa A Rajani, whose eminent presence inspired the star athletes of the day to perform their best on the track. Amidst the mounting excitement and unbridled enthusiasm, the dawn of the eventful day was grandly unfurled at 9.00 am with the flag hoisting. The spectacular March Past was led by the School and the sports captains along with the representatives of class 1 , 2 and 3. Displaying perfect decorum, unbeatable synchronization and soldierly precision, the marching contingents ceremoniously saluted the chief guest. A floral memento was presented to the chief guest as a token of reverence and gratitude. Spurred by the thunderous applause from the spectators, the tiny tots of classes 1 and 2 performed their well-coordinated free-hand drill display. The students of class 3 dazzled the audience with their rhythmic Zumba moves. The audience witnessed heated athletic sessions of the students as well as the parents with unending applause that sparked the vigour and verve of the vibrant athletes. The excitement reached its zenith when the medals for winners were given. Let the hard work, commitment, and dedication of Sindhians help them soar higher and higher into the vast expanse of success.



# INDUCTION OF THE NEW MANAGEMENT

LEADERSHIP IS INFLUENCE

*“Change is inevitable”*

The ceremony inaugurating our new team of office bearers took place on 7th November 2022. Our Past President, Mr. Madan Doulatram vivaciously introduced the new management team to all. The old team was lauded with sincere appreciation for their valuable work done over the years.

## OFFICE BEARERS FOR 2022-23



**President : Sri Sanjeev Atmaram**



**Sri. Prakash R. Narang  
Chairman**



**Sri. Arun Rajani  
Hon. Secretary**



**Sri. Kiran S. Chawla  
Hon. Treasurer**



**Sri. Nirmal Rajani  
Hon. It Secretary**



## REVOLUTION BEGINS WITH YOU AND ME

On a fine Saturday morning of the 29th of October, the students of classes 8 to 12 attended an interactive life skills session conducted by Mr. Nikhil Vinod, life coach and counsellor. Encouraged by Mr. Nikhil's stimulation, the students comfortably shared their thoughts, feelings and issues. The session covered topics like self-awareness, communication skills, managing stress and emotions. It also stressed on focusing more upon the opportunities and the positive side of life. It was a morning well spent and the children left the hall with smiles on their faces.



### May we always walk on the right path and follow it !

Constitution Day also known as 'Samvidhan Divas', is celebrated in our country on 26 November every year to commemorate the adoption of the constitution of India. An important part of the celebration was the reading of the Preamble and reaffirming our commitment to uphold it. Students read the Preamble on 26<sup>th</sup> November, in their respective classes. Children shared a power point presentation to explain the enduring and invaluable rights and duties of citizens as envisioned by our founding fathers. Classes 5- 8 wrote an essay as part of CCA activity. The day served as a reminder to live by and promote these timeless values in our lives.



**WE, THE PEOPLE OF INDIA**, having solemnly resolved to constitute India into a **SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC** and to secure to all its citizens :

- JUSTICE, social, economic and political ;
- LIBERTY of thought, expression, belief, faith and worship ;
- EQUALITY of status and of opportunity ;

and to promote among them all

FRATERNITY assuring the dignity of the individual and the unity and integrity of the Nation ;

IN OUR CONSTITUENT ASSEMBLY this twenty - sixth day of November, 1949, do **HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.**



## International Meatless Day: Animal Rights Day

The *International Meatless Day* is celebrated on **November 25th** every year across the globe. It is also known as the International Vegetarian Day. This day is special in the sense that it marks the birthday of **Sadhu T.L. Vaswani**, who was a great Indian educationist and began the Mira movement for the upliftment of Indian education system. Sindhians celebrated this day enthusiastically, by taking pledge, conducting special assemblies and spreading the message to adopt the vegetarian way of living.



### Sadhu Vaswani – Leading by Example

“No nation is truly free until the animal, man’s younger brother is free and happy.” - Sadhu Vaswani

I, H.R. Achala of class 11 studying in Sindhi High School, Hebbal would like to take this opportunity to share my views about Sadhu Vaswani who was an educationist and above all a great human being who believed in spreading love among all living beings.

Sadhu Vaswani was born Thanwardas Lilaram Vaswani on 25 November, 1879 in Hyderabad Sindh to Lilaram and Varandevi. As a young boy, he attended the academy there. He completed his B.A., M.A. and later became a professor at Union Academy.

Sadhu Vaswani was an active member in India’s freedom struggle. He influenced the Sindh branch of the Indian National Congress to pass a resolution supporting the Non-Cooperation movement. He was a strong proponent of women empowerment and believed in providing equal educational opportunities to women to ensure that they would not be just confined to their homes. One of his significant initiatives was to start a school for girls, popularly known as the Mira Movement in Education.

Sadhu Vaswani was deeply inclined towards spirituality. He believed in the oneness of mankind. His love was all encompassing without boundaries including animals, birds and human beings and even the inanimate. He lived his words and promoted vegetarianism. In his honour, the International Meatless day is celebrated on 25-November every year. It was his philosophy that forgiveness has the power to bring calm and peacefulness in our lives. A moment of calm can do wonders to our lives and when done collectively as a society, it is a positive step towards love and peace. That is the essence behind observing Moment of Calm on 02-Aug each year.

Sadhu was a born orator with the words coming straight from his heart and mesmerizing the listeners. He was also a prolific writer who authored books including those on Hinduism, universality of religions, humanity and India’s freedom movement.

Sadhu Vaswani was a pioneer of his times promoting causes unheard of at that time that is, the upliftment of women. His passion towards education is evident even now by the sheer number of educational institutions that are functioning under the aegis of the Sadhu Vaswani Mission.

It would be appropriate to quote Sadhu Vaswani **“Education should be related to life and not be an academic study”** Do as much good as you can, to as many as you can, on as many occasions as you can and as long as you can. Thank you all for giving me this opportunity to speak about one of the greatest saints of the twentieth century.

H R Achala - Class 11 B

# Welcome to Serenity

Didi Krishna Kumari, Executive Head of Sadhu Vaswani Mission visited Sindhi High School, Hebbal on 12th December, 2022 and was welcomed by the esteemed members of Sindhi Seva Samiti along with the executives. Didi addressed the students and her presence completely transformed the atmosphere of the school. The inspirational talk by Didi mesmerized the audience.



# Karnataka Rajyotsava

ಹಸಿರಾಗಲಿ ಕರ್ನಾಟಕ , ಹಸಿರಾಗಲಿ ಕನ್ನಡ

೬೭ನೆಯ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ ದಿನಾಂಕ ೨೮ -೧೧-೨೨ ರಂದು ಆಚರಿಸಲಾಯಿತು . ವಿದ್ಯಾರ್ಥಿಗಳು ಕನ್ನಡ ಶಿಕ್ಷಕ-ಶಿಕ್ಷಕಿಯರ ಮಾರ್ಗದರ್ಶನದಂತೆ ಇಡೀ ಶಾಲೆಯ ಆವರಣವನ್ನು ಮತ್ತು ತರಗತಿ ಕೋಣೆಗಳನ್ನು ,ಕೆಂಪು ಹಳದಿ ಬಣ್ಣದ ತೋರಣಗಳಿಂದ ಕನ್ನಡ ನಾಡು -ನುಡಿಗೇ ಸಂಬಂಧಿಸಿದಂತೆ ಭಿತ್ತಿ ಚಿತ್ರಗಳಿಂದ, ಬಾವುಟಗಳಿಂದ ಆರಂಭಿಸಿದ್ದರು .

ಶಾಲೆಯ ಸುವರ್ಣಭವನದಲ್ಲಿ ೧ ರಿಂದ ೫ ನೆಯ ತರಗತಿಯವರೆಗೂ,ಶಾಲೆಯ ಪ್ರಾರ್ಥನಾ ಸಭಾಂಗಣದಲ್ಲಿ ೬ನೆಯ ತರಗತಿಯಿಂದ ೧೨ ನೆಯ ತರಗತಿಯವರೆಗೂ ಕಾರ್ಯಕ್ರಮದ ಆಚರಣೆಯನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿತ್ತು. ಕಾರ್ಯಕ್ರಮವು ಗಣಪತಿಯ ಪ್ರಾರ್ಥನೆಯೊಂದಿಗೆ ಪ್ರಾರಂಭವಾಯಿತು.

ಪ್ರಾಂಶುಪಾಲರು ಮತ್ತು ಉಪಪ್ರಾಂಶುಪಾಲರುಗಳು ಜ್ಯೋತಿಬೆಳಗಿಸುವುದರ ಮೂಲಕ ಕಾರ್ಯಕ್ರಮದ ಉದ್ಘಾಟನೆ ಮಾಡಿದರು. ನಂತರ ಕನ್ನಡದ ಕಂಪನ್ನು ಎಲ್ಲೆಡೆ ಹರಡುವಂತೆ ವಿದ್ಯಾರ್ಥಿಗಳು ' ಹಚ್ಚೇವು ಕನ್ನಡದ ದೀಪ ' ಹಾಡನ್ನು ಹಾಡಿದರು.

\* ಕನ್ನಡ ವಿಭಾಗದ ಹಿರಿಯ ಶಿಕ್ಷಕಿಯವರಾದ ಶ್ರೀಮತಿ ರಾಜಲಕ್ಷ್ಮಿಯವರು ಕನ್ನಡ ನಾಡು -ನುಡಿಗೇ ಸಂಬಂಧಿಸಿದಂತೆ, ಆಡಿದ ಮಾತುಗಳು ಎಲ್ಲರಲ್ಲೂ ಕನ್ನಡತನದ ಕಿಚ್ಚು ಕೆರಳಿಸುವಂತಿತ್ತು.

\* ೧ ರಿಂದ ೩ ನೆಯ ತರಗತಿಯ ಮಕ್ಕಳಿಂದ ಕನ್ನಡ ನಾಡನ್ನು ಪ್ರತಿಬಿಂಬಿಸುವ ವೇಷಭೂಷಣ ಪ್ರದರ್ಶನ ಬಹಳ ಸೊಗಸಾಗಿ ಮೂಡಿಬಂದಿತು .

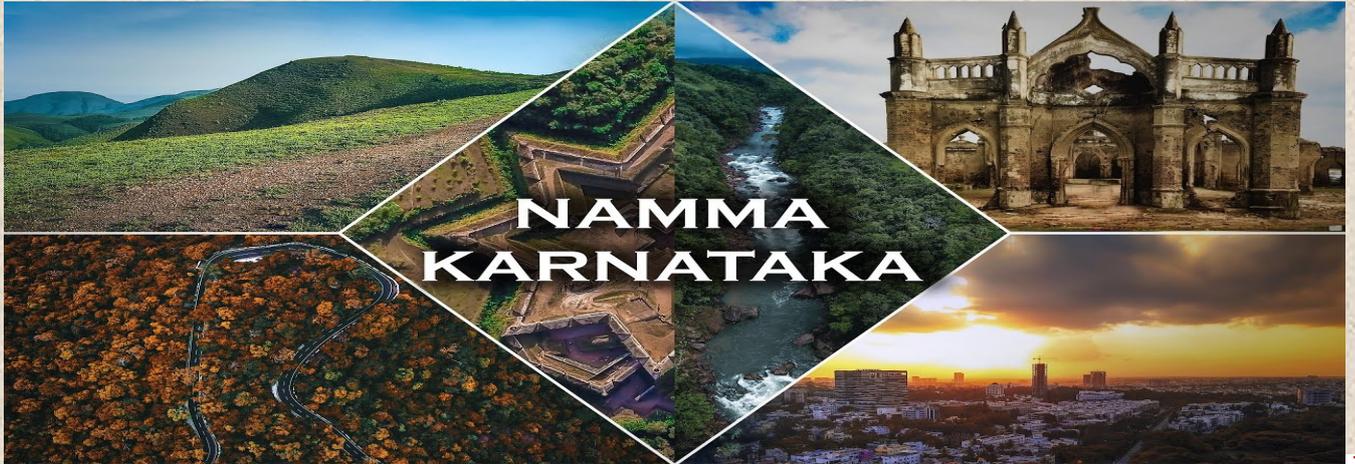
\* ೯ನೆಯ ತರಗತಿಯ ವಿದ್ಯಾರ್ಥಿನಿಯು ರಾಜ್ಯೋತ್ಸವದ ಆಚರಣೆಯ ಮಹತ್ವವನ್ನು ತಿಳಿಸಿದಳು.

\* ಕನ್ನಡ ಭಾಷೆಯ ಪ್ರಾಮುಖ್ಯತೆಯನ್ನು ತಿಳಿಸುವ ಒಂದು ನಗೆ ನಾಟಕದ ಮೂಲಕ ೮ ಮತ್ತು ೧೦ನೆಯ ತರಗತಿಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಮಕ್ಕಳನ್ನು ಮನರಂಜಿಸಿದರು. ವಂದನಾರ್ಪಣೆಯೊಂದಿಗೆ ನಮ್ಮ 'ನಾಡಗೀತೆ' ಯಾದ ' ಜಯ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ ' ಗೀತೆಯನ್ನು ಹಾಡಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ಮುಕ್ತಾಯಗೊಳಿಸಲಾಯಿತು.



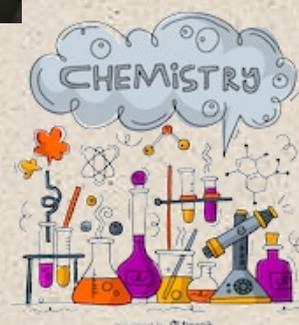
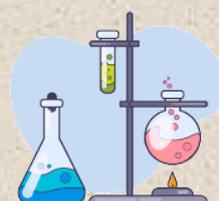


# Karnataka Rajyotsava



## SCHOOL SHAPES THE WORLD OF TOMORROW

The educational environment is crucial to the complete learning experience. Practical Science and a Science Lab that both supports and encourages learning, is key to any good science lesson. In-order to bring a pragmatic approach, a newly redesigned and restructured Chemistry Lab was inaugurated on 25<sup>th</sup> November, 2022 by our President Shri Madan Doulatram. The other esteemed members of Sindhi Seva Samiti were also present to grace the occasion. A well-planned Chemistry Laboratory will certainly create a working environment that not only benefits students but the teachers too. Practitioners can feel confident in their workspace and establish a better learning environment.



## *Pure mathematics is the world's best game...*

22<sup>nd</sup> December, is a very special one. The shortest day, the day of winter solstice and one more important event took place more than a hundred years ago. The birth of a genius mathematician, in India, in the blessed city of Erode, Srinivas Ramanujan was born. As you read, you will know why Ramanujan was such an incredible person who made an indelible impact during his short life...

In 1900, just a 13yr old boy, and he mastered S.L.Loney's Advanced Trigonometry. He was so brilliant, that at this tender age itself he was able to solve sophisticated theorems with no teacher's help. At 16, in one year, he mastered G.S Carr's book with 5000 theorems. The very next year, he studied probability, statistics, number theory and data analysis and found out the value of the Euler-Mascheroni constant correct upto 15 decimal places. He is also defined that 0 divided by 0 is infinity. With these achievements, Ramanujan had baffled even, V.Ramswamy Aiyer, the founder of the Indian Mathematical society. Undoubtedly he was a gifted child, but he also drifted wild.

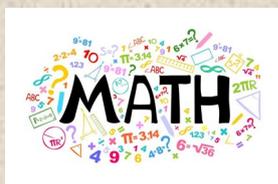
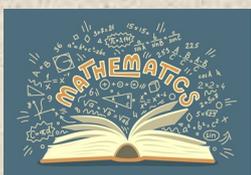
Haven't you wondered why we haven't heard much about about him other than mathematics, despite his innumerable contributions? Such a great mathematician, had his own defects. Ramanujan was obsessed with mathematics. It wasn't just mere love for mathematics that drove him, but obsession. And anything in larger quantities is not good, his obsession was not good. His love for maths was justified, but because of his obsession he lost on his chance to get a degree, failed in other subjects in college. He used to spend his day and night solving Mathematics, and neither ate well, nor concentrated a bit on other subjects, hence he could not make any mark on anything else. He had lived a life in poverty, because, no degree, meant no job, no job meant no money, no money meant no food.

Despite these shortcomings, he put up utmost resilience in life. He has escaped the mouth of death many times in life, smallpox, gastric ulcer, tuberculosis, all these diseases confronted him. Yet, he remained focused regarding his goal in life. All of us must adopt this vital value, to never give up, and face all circumstances in life courageously.

Recognizing his potential, G.H. Hardy desperately wanted to bring Ramanujan to England. And for sure, all of us, or the ones who remember the cube and cube roots chapter, have read of the Hardy-Ramanujan number. 1729, what a dull number for G.H. Hardy, but Ramanujan found beauty in even in such an odd number.

Unfortunately, when Ramanujan reached England, in 1914, guess what. It was the World War 1 going on. A very unfortunate time because of which the mathematicians in England couldn't find much time to decode the complex theorems which he had written without steps. So, those went unrecognized. This tells us the importance of writing steps, and that's something Ramanujan didn't do.

There are innumerable contributions of his in the field of science and mathematics. Seldom do people look at these to understand the values conveyed. And that's of utmost importance. So, this mathematics day, lets pledge to learn from his life, positively, in addition to respecting and honouring him. After all, Life is like a math equation, in order to gain the most, you need to convert the negatives to positives.



AKHILA VIPIN MADANGARLI -9A

## *Pure mathematics is the world's best game...*

National Mathematics day was organized on 22 Dec 2022 to celebrate the birthday of **Shri Srinivasa Ramanujan**, the great Mathematical genius who made exemplary contribution to Mathematics. The **Mathematics day** was celebrated with objective of creating awareness about importance of Mathematics in day to day life situation and also to create student interest in studying Mathematics.

As part of the celebrations, quiz programme, drawing competition on geometrical designs and talk on Mathematics were organized and conducted by the Mathematics teachers.

Students from classes 5 to 12 participated in a Maths Quiz Programme which was conducted during the morning assembly. The programme was enjoyed by the participants. Sudoku and Drawing competitions were conducted in their respective classrooms. The students participated in the above programmes with great zeal and enthusiasm and enjoyed it.



By Chethan P A,- 10 A

### **Olympiad Examinations Conducted by Science Olympiad Foundation**

In-order to evaluate students' performance and promote concept -based learning with logical thinking ,Olympiad Examinations were conducted in Sindhi High School for the students from classes 1- 12 .Olympiad Exams on two levels in various subjects including General Knowledge, Mathematics, Science, English , Computers and Social Studies were organized.



# New Year 2023

**'Dear Past, Thanks for the lesson.  
Dear Future, I am ready'**

The memories of year 2022 still remain fresh. Old is gold, it can never rust. Buckle up to listen the magical moments of 2022.

As we enter into the last week of the year, Let's remember some of the events, the year 2022 had to offer us. Year 2022 has seen the continued impact of an inflation surge as a result of the ongoing COVID-19 pandemic. The global rollout of COVID-19 vaccines, which began at the end of 2020, has continued, and the year has seen the lifting of COVID-19 restrictions and the reopening of international borders. Thanks to this, our schools were reopened and we could finally get back to our offline classes after a span of 2 long years.

We also saw India being a friend at the time of crisis, with Russia and Ukraine (the breadbaskets of the world) at war, India extended support to help countries meet their food security needs. In 2022, the world population increased to over 8 billion. This year also marked the death of many celebrities and politically renowned personalities like Lata Mangeshkar, Puneeth Rajkumar, Queen Elizabeth, Pele, Shinzo Abe etc.

India also saw their 15<sup>th</sup> president, Draupadi Murmu, a tribal woman, who was also the youngest and 2<sup>nd</sup> female to get appointed to the office.



Few of our favourite sport tournaments, FIFA World Cup, Commonwealth Games and ICC Men's T-20 World Cup too were organized this year, which led to all sport fans supporting their respective teams with utmost curiosity. **Rishi Sonak**, son in law of Narayan Murthy became the prime minister of United Kingdoms, making Indians proud.

Forget the past failures; this coming year is a unique opportunity. Let us find confidence in ourselves and create a possibility to achieve all that we can.

Let's always be with our near and dear ones in the journey of success. The new year 2023 awaits us with a heartwarming welcome. A new year, a new resolution. Let's not forget memories are like antiques the older they are the more valuable they become.

Anchal S & Deshna Shah-9B

## Thyagaraja Aradhane

### “The Royal Path called Devotion to Sri Rama”

Thyagaraja Aradhane, the commemorative music festival, was held this year in January 2023, as a tribute to Sri Tyagaraja Swamy. Our Dance Teacher lighted the auspicious lamp and began the programme on an auspicious note. Our choir along with the teachers of the school presented the musical performances. The aradhana was concluded with the rendering of the Utsava Sampradhaya Kriti followed by Mangalam.



## “FEEL ALIVE HOURS” - BY SONY BBC EARTH

Culminating an enthralling session for the inspiring young minds was Sony BBC Earth’s flagship school engagement program ‘*Feel Alive Hours*’. They rekindled the joy of being closer to nature by showing some amazing and fascinating facts as well as videos on the 13th January 2023 in the school auditorium. The making of a propeller car was demonstrated .Their teammates also conducted a live interactive session with the students of classes 5 to 9 with had curated content on a wide array of topics such as nature, wildlife, fun science, space and much more. The winners were honoured with prizes.



## Road Safety Week

A painting competition on Road Safety was organized Bengaluru Traffic Police at Traffic Park, St Marks Road, Bengaluru on 18<sup>th</sup> January, 2023 .

35 children from the school of 7th and 8th Grade expressed their thoughts through their brush strokes in the contest.



# ROAD SAFETY WEEK



## SINTRONICA – 2K22

The two day MEGA CULTURAL EXTRAVAGANZA INTER-SCHOOL Fest “SINTRONICA-2K22” was held on 19th and 20th November 2022 at Sindhi PU College, Thanisandra. Many events like ‘Trash to Art’, painting & sketching , singing, debates, scriptography etc were organized. Our school made us proud by getting prizes in various events held. ADWAITH R from class 10A received **STAR OF SINTRONICA.**



# SINTRONICA – 2K22

## MEGA CULTURAL EXTRAVAGANZA INTER-SCHOOL FEST

“AND THE WINNERS ARE!!!”



Sl No	NAME	CLASS	EVENT	PRIZE
1	ADWAITH R	10 A	MEMORY TEST	FIRST
2	ADWAITH R	10 A	QUIZ	SECOND
3	ADWAITH R	10 A	FASTEST FINGER	THIRD
4	AMOGH	10 A	QUIZ	FIRST
5	GNANDEEP	10 C	QUIZ	SECOND
6	GNANDEEP	10 C	FASTEST FINGER	SECOND
7	RAGHAVI	10 B	ENGLISH DEBATE	FIRST
8	VARCHAS JASTI	10 B	ENGLISH DEBATE	SECOND
9	SAMYAK CHOPRA	10 B	HINDI DEBATE	SECOND
10	KULDEEP K	10 C	HINDI ESSAY	FIRST
11	VARSHA V	10 D	TRASH TO ART	FIRST
12	AAKANSHA.P.A	10 C	KANNADA ESSAY	FIRST
13	AAKANSHA.P.A	10 C	SOLO SINGING	SECOND
14	SRIYA THAGARAJ	9 D	KANNADA ESSAY	SECOND
15	SAINYUKTHA	9 B	BHAGVAT GITA CHANTING	FIRST
16	DHVANI	10 B	PAINTING AND SKETCHING	FIRST
17	ANAGA ANAND	9 A	ENGLISH ESSAY	FIRST
18	ANINDITA GUHANEDGI	9 B	ENGLISH ESSAY	SECOND
19	SRILEKHA V	9 A	PAINTING	FIRST
20	VARSHA V	9 C	BEST OUT OF WASTE	FIRST
21	AMOGH G KARIGOUD	10 A	FASTEST FINGERS	FIRST
22	ANANYA NAIK	9 A	PAINTING AND SKETCHING	FIRST
23	MANOGNA	9 C	ONLINE GAMES	FIRST
24	GEETH N R REDDY	9 B	ONLINE GAMES	FIRST
25	NITESH	9 B	ONLINE GAMES	FIRST
26	ABHAY A	9 A	ONLINE GAMES	FIRST

## Achievements in Sports-2022-23

<u>SI No</u>	<u>EVENT</u>	<u>CONDUCTED BY</u>	<u>NAME OF PARTICIPANT</u>	<u>RESULT</u>
1	Dodge ball	Karnataka Dodge ball Association	Bhumika A G, 12 B	Selected for state team
2	Taekwondo	Karnataka Taekwondo Association	Sameeksha S V, 10 C	Silver Medal
3	Swimming- Breast stroke	Decathlon Swimming Competition	Koushik RajaGopal, 9 C	Silver Medal
4	Swimming- Butterfly stroke	Decathlon Swimming Competition	Koushik RajaGopal, 9 C	Gold Medal
5	Chess	Rapid Chess Tournament	Adbhuth, 3 A	II place
6	Relay	Inter School Relay, Girls	Disha Santosh, 10 C Twisha Sunkkara, 8 C Shriya Pande, 9 A Advika Subash, 10 A	II place
7	Relay	Inter School Relay, Boys	Shashank, 10 C Himansh, 10 D Siddarth, 10 B Adithya, 10 C	II place
8	Football U-17	Khelotsav, Vyasa International School	Dev Lakhani 9 D, Amogh GK 10 A, Pranit C 12 C, Samskruth Shanot 10 C, Vaibhav V 11 C, Aryan Raj 12 A, Nipun Joisa 12 A, Megh Lad 12 A, Pranva S, Tanish T 12 A, Karthik Krishna S 12 C, Vrishank P 12 C	Winner
9	Shuttle Badminton	U-14 category, Singles, Vyasa International School	Twisha Sunkara, 8 C	Winner
10	Badminton(Girls)	Sindhi College of Commerce	Twisha Sunkar 8C, Sruthi V Sahukar 9A	Winners
11	Shotput (U-16)	Bangalore District Athletic Championship	Nikhil V S, 9 B	I place
12	Triathlon	Bangalore District Athletic Championship	R Vedant, 7 C	III place
13	80 m	Bangalore District Athletic Championship	Shashank S, 10 C	III place
14	Javeline	Bangalore District Athletic Championship	Siddharth Keerthi, 10 D	II place
15	80 m Hurdles	Bangalore District Athletic Championship	Adithya M, 10 C	II place
16	Ball throw	Bangalore District Athletic Championship	Preetham S, 8 D	I place
17	Dodge Ball	National Dodge Ball Championship	Bhumika A G, 12 B	Runner Up
18	Dodge Ball	National Dodge Ball Championship	Himashu D Kolchar, 11 A	Runner Up



## Achievements in Sports-2022-23

### CBSE CLUSTER

1	Javeline	Bhoomika A G, 12 B	I place
2	Shotput	Kritika, 12 A	II place
3	400 m running	Ketana, 12 C	III place
4	800 m running	Ketana, 12 C	III place
5	Long Jump	Pradyumna, 12 B	I place
6	High Jump	Pradyumna, 12 B	II place
7	4 x 100 m Relay	Pradyumna, 12 B	II place
8	4 x 400 m Relay	Pradyumna, 12 B	II place
9	Discuss throw	Aryan Raj, 12 A	I place
10	Shotput	Aryan Raj, 12 A	II place
11	4 x 100 m Relay	Aryan Raj, 12 A	II place
12	400 m race	Atharv Puranik, 12 A	II place
13	4 x 100 m Relay	Atharv Puranik, 12 A	II place
14	4 x 400 m Relay	Atharv Puranik, 12 A	II place
15	4 x 100 m Relay	Manish Ravi, 12 A	II place
16	4 x 400 m Relay	Swaraj, 12 B	II place
17	4 x 100 m Relay	Swaraj, 12 B	II place

### **The proud Sindhians selected for National level CBSE Cluster events:**

Athrav Puranik , Bhoomika A G, Pradyumna Sampath 12 B, Aryan Raj, 12 A and Kritika, 12 B.



Athrav P



Bhoomika A



Kritika



Pradyumna S



Aryan Raj

### CBSE SOUTH ZONE

Aryan Raj of 12 A has secured First place in Boxing Championship at Gurugram under 19 category 75-81 kg weight.

### STATE LEVEL

**Sameeksha S V** of 10A won silver medal in Taekwondo Championship held at Kanteerava Stadium Bengaluru under Sub-Junior Category.

**Pushya Biligiri** of 8B won gold medal in Teannikoit Championship held at Visakhapatnam



**Pushya Biligiri Sameeksha S V**

## CBSE CLUSTERS – 2K22

Encouraging the younger generation to play sports congratulating the students on the rich haul. Our Principal Mrs. Maithreyi Satyadev appreciated the efforts put by students, their teachers and parents who have added another glorious chapter.



**‘Chess, essentially a philosopher’s game’**

Siddhant.P of class V A has won the 2<sup>nd</sup> Runner-Up in the National Schools U-11 Championship. Congratulations on your accomplishments and wish you numerous wishes on your future games!



# Awards for the Karate Champions

Congratulations to the winners for empowering and creating a warrior spirit!

NAMES OF THE WINNERS	POSITION	CLASS AND SECTION
HRUTHVIK.S	BRONZE	2B
KEERTHANA	BRONZE	2A
HARSHITHA GOPINATH	BRONZE	3D
ANAISHA SINGH	BRONZE	4D
ADITHYA SUBRAMANIAN	SILVER	4B
ESHITA NAGARAJ	SILVER	4B
ISHITHA R GOWDA	GOLD	4D
MEHER S PUNJABI	BRONZE	4B
DHANYA A	BRONZE	5B
SREEVATSA	SILVER	6C
DURGA SHYAM PRASAD	BRONZE	6D
SAI BODHAN N	BRONZE	7A
ARNAN SAHA	SILVER	7C
SONAKSHI RANA	BRONZE	7D
NAVNEETH VINAY	BRONZE	8D



# Achievements of our Students

## Young Inspiring Achievers of SHS

" Achievements of today are the stepping stones of a great future"

CONGRATULATIONS to our students!!! They made our school proud by winning various prizes under different categories.

Inspire Award Manak was won by Gautham KM of class 6A for District Bangalore Urban of Karnataka.

Kavin Narayanam of class 12 C and Madhurashree of class 12 B had been shortlisted for interaction with Gallantry Awardees on 14th October 2022 under the project Veer Gatha 2.0.

Tanish Tamanna of class 12 A participated in the Youth Exchange Programme held at Kashmir and was greatly appreciated for his efforts.

Srilekha.V of class 9A won the state level singing competition conducted by NEHRDO in the "ALL INDIA AATMA NIRBHAR BHARAT" Art Competition .



Kavin N



Srilekha V



Madhurashree



Tanish T



**“We make a living by what we get, but we make a life by what we give.” — Winston Churchill**

SEWA (Social Empowerment Work in Action) designed to raise awareness on addressing real-world problems and serving the world community was taken up. The students from classes 9-12 enlightened the middle school students about the significance of interdependence of human beings and acknowledged the responsibility of students. The SEWA activities comprised of raising community awareness regarding health, sanitation, civic habits, environment, assistance in teaching, volunteering in nursing homes, orphanages, care for senior citizens of our community, environmental activities like cleanups, recycling, wildlife preservation, societies, health, wellness and sanitation.



*If you can read this, thank a teacher !*

*Guru Samman Awards 2022*



Bangalore Sahodaya School Complex had organized Guru Sammam Awards on Saturday, 10th December 2022 at The Capitol Hotel, Raj Bhavan Road, Vasanth Nagar, Bengaluru.

The prestigious TORCH BEARER PEDAGOGICAL LEADER was conferred on our Principal Mrs. Maithreyi Satyadev for spearheading initiatives to increase student performance and to promote safe learning environment. The award was presented to selected Principals to honour their efforts, contributions and good will that had been imparted to hundreds of students.

An experienced educationist, our Principal Mrs. Maithreyi Satyadev has made a distinguished contribution to both educational as well as social and environmental development. On 19th January 2023 our Principal Mrs. Maithreyi Satyadev had been awarded the Guru Samman Award by Sindhi Degree College for the year 2022.



**Mrs. Deepa V** was awarded The Champion Educator by Bangalore Sahodaya Schools for her outstanding contribution in the field of chemistry. This Award aims to identify teachers who have demonstrated excellence in teaching and have shown outstanding contribution towards learning.

On 19th January 2023 our Kannada teacher Mrs. **Rajalakshmi R** had been awarded the Guru Samman Award by Sindhi Degree College for the year 2022.

**Dr. Geeta Laxman**, counsellor, is awarded with Sri Sri Best Teacher Award for the year 2022-23 : This national level award is dedicated for her compassionate work towards bringing about holistic development in students.

SRI SRI AWARD FOR BEST TEACHER  
SOUTH ZONE (INDIA)



**Dr. Geeta Laxman**

Health & Wellness Teacher

Sindhi High School, Hebbal, Bengaluru (Karnataka)





## COMMENDABLE ACHIEVEMENTS

Mrs. Shashi Rao, English Co-ordinator and Mrs. Bhagyalakshmi M S, Administrative Staff, were awarded Certificate of Excellence in recognition of their continuing Excellence in Service on Saturday, 7<sup>th</sup> January 2023 by **New Horizon Educational Institution, Bengaluru.**

Mrs. Vyshali Kallesh, Kannada Co-ordinator has been awarded SHIKSHA RATNA by **Max Life and Axis Bank** for her excellence service in the field of education for 20 years and also for anchoring various programmes.



### Structured Assessment for Analyzing Learning levels (SAFAL)

In reference to the SAFAL project launched by our Hon'ble Prime Minister to fulfil the overall aim of NEP 2020, **Ms. Rashmi B A, PGT Computer Science** was selected as a **Regional Master Trainer** by the SAFAL unit. She has trained 12 schools by conducting mock test by SAFAL





CHILDREN'S DAY  
CHILDREN'S DAY WAS CELEBRATED  
ON 14TH NOVEMBER 2022.  
THE TEACHERS PERFORMED  
DANCE, STORY DRAMATIZATION  
AND FUN RHYMES  
FOR THEIR STUDENTS.

## CHILDREN'S DAY



*\* You've got mail! \**

*The children surprised their parents by sending them handmade post cards filled with lots of love and Christmas cheer.*

*The tiny tots were taught the concept of traditional mail by recreating and enacting the process of mailing postcards into the good old red postbox .*

*The simple joy that this activity brought when their parents received the envelopes was worth the sticky, glittery mess.*



# THANKSGIVING



"WE MUST FIND TIME TO STOP AND THANK THE PEOPLE WHO MAKE A DIFFERENCE IN OUR LIVES."

THE STUDENTS OF UKG WERE TAUGHT ABOUT THE VARIOUS 'COMMUNITY HELPERS' AND THEIR CONTRIBUTION IN HELPING THE SOCIETY.

AS A HUMBLE GESTURE, STUDENTS MADE A THANK YOU CARD. THE CHILDREN WERE EXCITED TO GIVE THESE CARDS IN SCHOOL AND ALSO TOOK THE CARDS HOME TO THANK THE HELPING HANDS AT HOME.

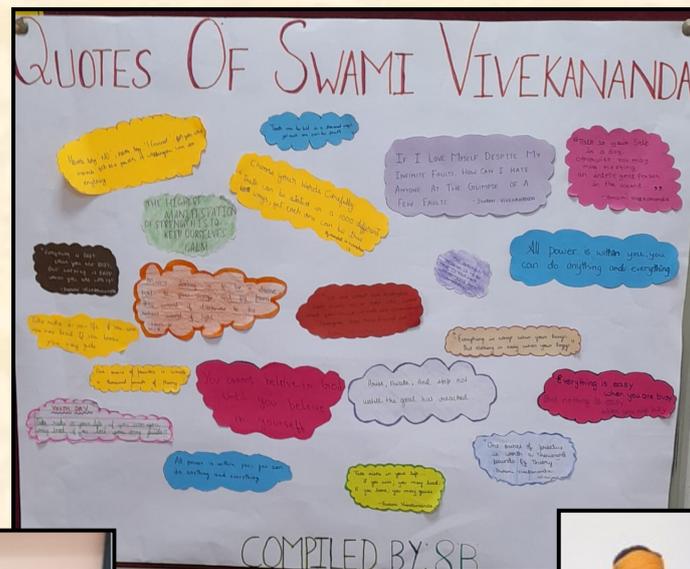


# NATIONAL YOUTH DAY – 2K23

**“ Arise , Awake and stop not till the goal is reached”  
--- Swami Vivekananda**

The philosophy of Swami Vivekananda continues to be a great source of inspiration to the youth of our Nation. In order to offer our tribute to the great teacher, Sindhians celebrated National Youth Day on 12th January ,2023.The students showcased a special cultural programme, created interesting craftworks and participated in the skit organized on this occasion to commemorate the versatile and multi-faceted personality of Swami Vivekananda.

The students gave a stellar dance performance and also sang patriotic songs to commemorate the vibrant, creative and intelligent spirit of this day. Students also dressed up as Swami Vivekananda and Sister Nivedita to revive their memories and honour their invaluable contribution. The school aspires to instill these values and qualities in the youngsters of today who carry the promise of building New India tomorrow.



### जो बने क्लास का मॉनिटर

जो बने क्लास का मॉनिटर,  
बस कोरी शान दिखाते हैं ,  
आता जाता खास नहीं  
बस हम पर रौब जमाते हैं ।  
जब क्लास में टीचर नहीं होते हैं ,  
तब खुद टीचर बन जाते हैं  
कॉपी खोल हमारे नाम लिखने लग जाते हैं ।  
बेकसूर होने पर भी ,  
ये हमें मार पिटवाते हैं  
हे भगवान हटा दो हम इनको नहीं चाहते हैं।

लीउरा - 4 C



### बारिश की बूंदे

रिमझिम बारिश की बूंदे हैं बड़ी सुहानी

दिल में खुशी की लहर है छाती ।

गरज गरज कर बरसा आती है ।

वर्षा रानी सबके मन को है भाती ।

बच्चों की गूंजे किलकारियाँ

प्रसन्नता से जब डोले तन-मन ।

खुशबू से महके सारी बगियाँ

प्यासी धरती को जैसे मिल जाए नवजीवन।

अस्मिता वशीकर

8 B

## रोचक तथ्य

१. भारत देश दुनिया में सबसे बड़े आकार वाले देशों की सूची में सातवें नंबर में आता है ।
२. भारत के केरल में दुनिया की सबसे बड़ी डाक व्यवस्था है ।
३. भारत देश की पवित्र नगरी बनारस दुनिया की सबसे पुरानी नगरी है ।
४. शतरंज खेल की खोज भारत में



प्रगति -7B



## आत्म सम्मान

बचपन से हमारे बड़ों ने हमें दूसरों का सम्मान करना सिखाया है । चाहे हम उन्हें जानते हो या नहीं उनका आदर करना सिखाया है । हम सब ने अपना पूरा जीवन दूसरों को सम्मान देते हुए बीता दी पर एक इंसान ऐसा है जिसको हमने कभी सम्मान दिया ही नहीं और वह इंसान हम स्वयं हैं। आत्मसम्मान एक बहुत ही जरूरी रूप होता है सम्मान का। हम अक्सर दूसरों को सम्मान देते देते अपना आत्मसम्मान खो बैठते हैं। यह एक बहुत ही महत्वपूर्ण चीज है जो हमें हमेशा याद रखनी चाहिए। चाहे जो हो जाए, हमें सबसे पहले अपने आप को सम्मान और प्रेम की परिभाषा देनी चाहिए। इसके बाद ही हम दूसरों को उससे भी अधिक प्रेम और सम्मान दे सकते हैं। शायद हम इस कारण सबको संतुष्ट ना कर सके, शायद हम कुछ लोगों को खो बैठे, शायद हम कुछ लोगों को हमेशा के लिए नाराज कर दे, पर ये लोग आखिर है कौन ? अंत में, सिर्फ हम स्वयं ही अपने आप के लिए गर्व से सिर ऊँचा रखकर खड़े रहते हैं । इसलिए सम्मान तो स्वयं का ही सबसे पहले करना चाहिए ।

अनीता गुहा नियोगी—9B

## बचपन

एक दफे की बात है,  
जिसकी याद है धुंधली।  
चला करती थी जब थाम कर,  
पापा की उँगली।  
उछलती थी बाग में ,  
हाथों से छूने को तितली।  
मचलती थी रास्ते पर,  
खाने को कुल्फी पिघली।  
रात में भागती थी छत पर,  
गुल होते ही बिजली।  
झगड़ती थी जब मैं छोटी - से,  
पाने को आम की गुठली ।  
था कागज का हवाई जहाज,  
मगर दिलों में उड़ान थी असली।  
दौड़ती अम्मा के आँचल को ,  
कर देती जब कोई दादा से चुगली।  
अब है मुखौटा हर चेहरे पर ,  
और हो गए हम भी है नकली ।  
जी रहे हम सब बेबस,  
बनकर वक्त की कठपुतली ।

हंशिका सचदेव 9 B



## दोस्ती

मित्र का नाम सुनते ही दिल में एक अलग वेदना उत्तेजित हो जाती है। मित्र एक ऐसा निस्वार्थ व्यक्ति होता है जो हर समय अपनी मित्रता निभाने के लिए तत्पर रहता है। दोस्ती शब्द ही बहुत ही सुनहरा है और इस दोस्ती को दिल से निभाया जाता है। जीवन के हर मोड़ में एक नया दोस्त बनता है। लेकिन घना संबंध कुछ ही दोस्तों के साथ हो जाता है। दोस्ती में कई बार झगड़े भी होते हैं लेकिन बिना किसी घमंड के एक दूसरे से माफी मांग ली जाती है क्योंकि यह रिश्ता निस्वार्थ वाला रिश्ता है। सच्चा मित्र वही होता है जो न केवल हमारे सुख दुख का साथी हो बल्कि वह एक मार्गदर्शक तथा स्नेहित के रूप में सदैव निस्वार्थ मदद का भाव रखे। वफादारी इस संबंध का आधारभूत होती है जब हम पारस्परिक वफादारी में कुटिलता नहीं आएंगी। बिना सोचे समझे किसी को अपना मित्र बनाया जाए तो वह जहर की तरह जीवन के लिए घातक सिद्ध हो सकती है क्योंकि एक दोस्त से कुछ भी छुपाया नहीं जाता। अंत में बोलना चाहती हूँ चाहे सुख या दुख दोस्तों को हमेशा एक दूसरे का साथ देना चाहिए और एक दूसरे की हमेशा सहायता करनी चाहिए यही दोस्ती का असली रूप हुआ मजा है।

आंचल सिंह-9B

## पहाड़ और गिलहरी की कहानी

एक बार की बात है एक बड़ा सा पहाड़ था। जिसका नाम था सोनु। एक दिन वह जोर से चिल्लाने लगा "मैं सबसे महान हूँ। क्योंकि मैं अपनी पीठ पर एक बड़े से वन को उठा सकता हूँ।" मीना नाम की एक ही गिलहरी आवाज से नाराज होकर अपने घर से बाहर निकल कर बोली, "सोनु तुम महान हो लेकिन अन्य प्राणी भी हैं जो समान रूप से मजबूत हैं। तब सोनु ने कहा कि "तुम इसे कैसे जानोगे? तुम सिर्फ एक छोटी-सी गिलहरी हो।" मीना गुस्से में आ गई और बोली अच्छा तो क्या तुम एक अखरोट तोड़ सकते हो? वह यह नहीं कर सकता क्योंकि उसके बाहों में बहुत चोट

### हमारे सबसे प्यारे दादा दादी

मम्मी पापा की डांट से मैं

भयभीत हो जाता हूँ। पर दादा-दादी साथ ही मैं खुलकर जी पाता हूँ।

जब भी मुझको सता जाती है थकान

दादा दादी की काफी है एक मुस्कान।

उनका हूँ मैं नन्हा मुन्ना राज दुलारा,

रहकर उनके साथ लगता है हर पल प्यारा।

मार खाकर मम्मी पापा के जब मैं भाग जाता हूँ ,

एक ही जगह दादी की पल्लू में छुप जाता हूँ।

खेलता हूँ। मैं दादा के साथ सुबह और शाम ,

उनके कंधे पर लेटकर मिलता है मुझको आराम।

मैं खड़ा हूँ। छाया में उनके ऊपर धूप है ,

दादा दादी मानो मेरी सारी खुशियों का स्वरूप है

धरती पर आए हैं वे, बनकर खुदा,

बस यही इच्छा प्रकट करता हूँ कभी ना होऊँ मैं

उनसे जुदा।



आदर्श शाह-10C

## आवारा कुत्तों की दुर्दशा

अधिकांश आबादी आवारा कुत्तों को एक खतरे के रूप में देखती है। लोग आवारा कुत्तों से डरते हैं क्योंकि उनके काटने की खबरें आती हैं, सभी संभावना में, एक कुत्ता तब तक नहीं काटता जब तक कि उसे उकसाया, बीमार या दर्द न हो। वास्तव में, साइकोलॉजी टुडे में प्रकाशित एक अमेरिकन कॉलेज ऑफ़ वेटरनरी बिहेवियरिस्ट्स द्वारा किए गए एक अध्ययन के अनुसार, कभी-कभी कुत्ते शारीरिक रूप से बातचीत करना भी पसंद नहीं करते हैं। दूसरी ओर, कुत्ते अक्सर अभिव्यंजक और सामाजिक जानवर होते हैं, जो हमसे 'बात' करने के लिए उत्सुक होते हैं, बशर्ते हम उन्हें सुनें। वास्तव में, आवारा कुत्तों को भी उतनी ही गरिमा और शांति के साथ जीने का अधिकार है जितना हम इंसानों को है।

### >> हमला और दुर्व्यवहार क्यों होता है?

लोग आम तौर पर आवारा कुत्तों पर हमला करते हैं, उनके पिल्लों को मारते हैं या ले जाते हैं और अगर वे जवाबी कार्रवाई में काटते हैं तो उनके सामूहिक वध का आह्वान करते।

### >> आगे बढ़ने का रास्ता:

एक विचारशील और सुरक्षित नसबंदी अभियान को लागू करना

देश भर में नगर निकायों को नसबंदी कार्यक्रमों को लागू करके आवारा कुत्तों की आबादी को नियंत्रित करने की आवश्यकता है। सरकार द्वारा नसबंदी अभियान विभिन्न कारणों से अब तक सीमित तरीके से ही सफल रहा है। आवारा को गोद लेने के लिए सबसे अच्छी जगह या तो आश्रय गृह है या सड़क के किनारे। वे उस मौके के लायक हैं। यह भी नेक कार्य होगा। हालाँकि, उन्हें अपनाने के बाद, उन्हें कभी भी न छोड़ें या न छोड़ें जो उनके लिए भावनात्मक रूप से दर्दनाक होगा, जिससे वे जीवन भर निराश और निराश रहेंगे।

### >> निष्कर्ष:

निश्चित रूप से दूसरी प्रजाति के लिए थोड़ी सहानुभूति और सम्मान बहुत सारे संघर्ष को कम कर सकता है और दुनिया को एक खुशहाल जगह बना सकता है। तो आइए हम धरती माता को दयालुता के साझा विचारों के साथ, बड़े और छोटे सभी प्राणियों के लिए एक शांतिपूर्ण स्थान बनाने का प्रयास करें।

भारत के आवारा कुत्ते वैदिक युग से मनुष्यों के साथ सह-अस्तित्व में हैं। हम जिन इलाकों में रहते हैं, वे उतने ही हमारे हैं, जितने हमारे हैं। वास्तव में, वे वहाँ मानव बस्तियों से बहुत पहले से कुछ क्षेत्रों में निवास कर रहे थे। इस मुद्दे के बारे में बात करना, कुत्तों से नफरत करना, उनकी पिटाई करना या उन्हें विस्थापित करना किसी की मदद नहीं करता है या इस मुद्दे को किसी भी तरह से हल नहीं करता है।

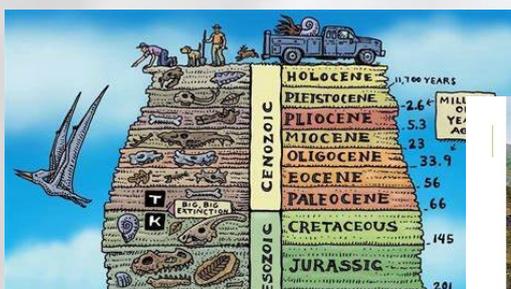
इस मामले में कुछ उल्लेखनीय कानूनी तथ्य और प्रावधान भारत के संविधान का अनुच्छेद 21 पशु जीवन सहित जीवन के सभी रूपों की रक्षा करता है।

मान्या रविशंकर: 12 ए



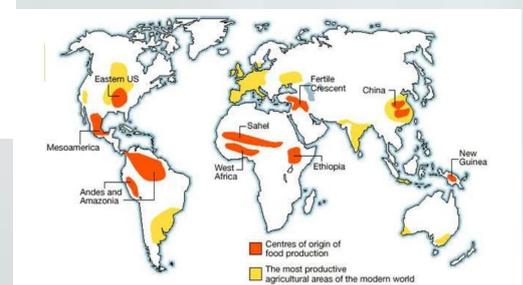
# The sin that engulfs our world

Twelve thousand years ago, mankind and the world entered a new geological epoch simply known as the 'Holocene'. This was an era which was the epitome of paradise, heaven on earth. The glaciers retreated to the north and south poles, which left mankind with plenty of luxuries and natural resources. This was an era of development of numerous civilizations around the world. The climate turned from adverse to sympathetic and friendly. And that's how it has remained for the last eleven-thousand years, until now. As we enter into the second decade of the twenty first century, we face a new adversary threatening to end the peaceful reign of the 'Holocene era'. 'Global Warming' looms over mother earth, impelling her to a precipice of an abyss of oblivion. It is a palpable fact that earth is not her old self anymore. She grows wearier every second, moving closer to her ill fate. A question now arises, what is the cause for this unforeseen change in the lifestyle of our planet? Well, the answer is simple. Humans. Capable of amassing colossal amount of energy and harnessing it, humankind has proved to be more advanced than any species of living organisms on this planet. And yet, the most dominant species seem to be the cause for the earth's imminent doom. Our brilliance and intuition are corrupted by greed and thirst for power and control, which has clearly taken a toll on the only home we've ever known. We have ripped through our ozone layer, giving us protection from the harmful UV rays of the sun. We cut down our trees, threatening the balance between greenhouse gases in the atmosphere. The air we breathe is tainted with remnants of toxic gases, which trap sunlight, heating the earth's surface, melting glaciers and bearing droughts and famine. Although the future looks bleak, all is not lost. We can pull mother earth from her abyss of oblivion. We can sow the seeds of fallen trees, which will grow to stand tall for centuries to come. We should harness the power of wind and sun, which shall illuminate our homes without effecting our environment.



By Aditi Rammohan

9B



## **The Joys of Childhood**

Often it is heard from many renowned persons that they want to go back to their childhood days. Almost all the adults want to go back in time and enjoy their childhood again. We children, are lucky that we are still enjoying it. Childhood is that stage of life which we can be carefree, the part of life which we cannot get back however much we want. Our future is built up on the basis of our childhood. It is shaped by our parent's love and care. It is the actual time when our parents teach us the right way to conduct our life. It is also the time when the foundation of our life is built on the pillars of right values and principles imparted by our school and teachers. During childhood, a child does not have any worries about the modern world. When an adult recalls the memories of that phase of his/her life, they get a chance to forget their current pressure and the stress that they are facing in the present life and they feel happy about it. People become very attached to their childhood memories especially in the later stage of their life and want to go back in time to re-experience their childhood but sadly can't. It is something so simple, yet absolutely beautiful. When we were kids, the smallest of things gave us immense pleasure. Neither did we need materialistic stuff to be happy, nor was there a place for selfishness in our hearts. Some feel, the only way left is to experience it again is to cherish, remember and relive all those sweet memories whenever possible.

To sum it up, our childhood is the best time in our life when we are able to live happily without any tension and enjoy every bit of it.

Harshit.H.Vernekar, 8 B

### **WHAT WOULD I HAVE DONE FOR MY NATION ?**

**What would I have done for my nation, you ask?**

**I would have sailed the boats of ableism and arbitrary religious norms**

**I would have breached the walls of disdain amidst humans**

**Would have helped the innocent people survive against vicious storms**

**What would I have done for my nation, you ask?**

**I wouldn't have let the people get destroyed by the colour of their skin atrociously**

**Would have used my voice for the voiceless**

**Would have heard the cries of anguish of an animal when slaughtered ruthlessly**

**What would I have done for my nation, you ask?**

**I would have guided everyone towards the path of redemption**

**I would have focused on the best of humanity**

**I would work towards the betterment of roads not only due to elections, nothing would be an exemption**

**What would I have done for my nation, you ask? I would have abolished the web of deceit I would have forged a dam of floods of hypocrisy, I would have filled hearts with conceit and not the idea of cheat !**

SHRIYA PANDEY 9A

## Enriching Life

*An aimless life is always a miserable life. Everyone should have an aim . One should not forget that the quality of one's life makes the quality of one's aim. The first step to enrich our lives is to become conscious about ourselves and work with perfection. It is an assiduous study which demands much. To enrich our lives, education is one of the most important aspect in a child's life.It gives us all the learning experiences in one's life. Schooling is a small part of one's education. Enrichment in school depends on one's school and learning. A person's life is enriched in many ways. One should consider enrichment as that which fills one from the inside. Enrichment occurs with a feeling of self worth with a sense of purpose and empowerment and an interest in all that is . Enrichment has little to do with external riches and in many being externally rich but not being enriched has been noticed many times.*

By Arjav Jain 8B



*Life Underwater*

Lights in the depths  
Flues of brilliance  
Illuminating the dark  
And here bellow

Lies the mysteries  
Of sunken ships  
Unusual plants  
Creatures whispering  
Currents twisting

It was a difference  
Between a balmy summer  
day that you never want to end  
And the dead middle of winter  
When the sun hasn't been seen for days

The silence breaks  
as I reach the surface  
Taking a deep breath into a new life

-Manognya.R

*The Magical Mid-night Wings*

Over the land, through the air  
Twist and turn is always fair  
Wings represent happiness And freedom  
I feel the happiness, I feel the freedom

I look back up with a delight  
It's magical here  
In the wind of mid-night  
I never want to land  
But sadly good times must come to an end  
I surfy hope I can stand

'Whipping my hair'  
The magic I feel riding a Pegasus  
Is more than anything I could wish for

Tilting my head and looking around  
I'm just going down towards the ground  
My muscles ripple beneath me  
I look down to see what it is  
I'm just above the deep blue sea

-Manognya.R

**Manognya R-11B**

Start where you are ,Use what you have and just do what you can

*Destiny is not created by the shoes you wear but by the steps you take.*

*Which is the largest and heaviest animal in the forest?*

*The elephant*

*Which is the tallest animal in the forest?*

*The giraffe*

*Which is the fastest animal in the forest?*

*The cheetah*

*But none of them rule the forest.*

*So who rules the forest??*

*The lion !!*

*The lion is neither the fastest, the largest nor the tallest.*

*So to rule you need not be the superlative form !! You just need to be the best version of yourself !!*

*So what do you need to be the best version of yourself*

*You need four things !!*

*Firstly physical fitness*

*Physical fitness need not be elaborated because health is wealth and being physically active prevents laziness and helps us to work better.*

*Secondly mental alertness*

*We always need to be alert of what's happening around us. We should know what is right and what is not. This helps us to make wise decisions when needed.*

*Thirdly moral courage*

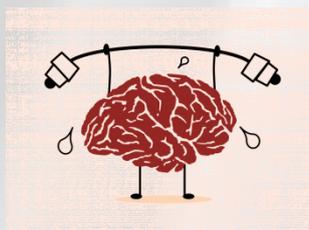
*Moral courage helps us to overcome fear and face all the hurdles in life. This instills a sense of never give up attitude.*

*Fourthly confidence*

*Self-confidence is an attitude about your skills and abilities. It means you accept and trust yourself.*

**Jyothika R**

**11 A**



## **A Case Study Why is India's Himalayan town sinking?**



Joshimath, is a city in Chamoli District in the Indian state of Uttarakhand. Located at a height of 6150 feet (1875 m), it is a gateway to several Himalayan mountain climbing expeditions, trekking trails and pilgrim centres like Badrinath. Recently in the year 2021 a horrifying incident took place in Uttarakhand. Since 7 February 2021, the area was severely affected by the immense number of floods that year and its aftermath. A few days ago, a notification popped across all our phones stating the sinking of the holy town of Joshimath has plunged into a full-blown crisis after houses and roads developed cracks due to land subsidence. So far numerous houses have developed cracks and many families have been temporarily moved to safer locations. The town has been declared a landslide and subsidence-hit zone. The Centre has stressed on the safety of the people and has asked experts to prepare short- and long-term plans for conservation and rehabilitation. The whole country was in a blue by the news this because it is from here one has to traverse to the famous trekking destination in Uttarakhand, Valley of Flowers.

### ***So exactly why did this happen let's get a detailed review on this?***

*The Uttarakhand State Disaster Management Authority (USDMA) published a report in September 2022 that mainly blamed the ill-planned construction in the town as an important reason behind land sinking. The report also pointed out that the inadequate drainage and wastewater disposal systems had exacerbated the problem. Geologist said that since there is no wastewater management, most houses have soak pits that have pushed down loose material into the ground, resulting in land sinking. Joshimath is built on a slope with deposits from an old landslide. The deposits might have stabilised over time but rampant construction and projects like roads and dams that use explosives, drilling and extensive digging have weakened the slopes. The land subsidence problem occurred decades ago too.*

### ***Road for revival***

*Experts are of the opinion that the population must be sent to a safer ground first. Later, all construction activities and hydroelectric projects must be ended immediately. "Many houses in the town are unlikely to survive and people living in them must be shifted to safe locations as life is precious," he said. After the evacuation of people in affected areas to safety, microzonation of the town, re-planning of its drainage system and rainwater outlets besides assessment of rock strength among others should be taken. The other recommendations included developing a pucca drainage system in the town to stop seepage of rainwater, avoiding digging at slopes and collecting construction material in the five-kilometre vicinity, and a ban on chopping trees to prevent landslides. However, despite these recommendations, the construction of roads, dams, tunnels, and multi-storey buildings continued unabated. The situation is so bad now that the very existence of Joshimath is danger. At the present we must ensure that the residences don't panic and stay calm to sum up I would like to say "We cannot stop natural disasters but we can arm ourselves with knowledge"*

By Lakhi Adithi Sannala  
Class 8B

# Creativity at its Best

NESSA R-6D



NESSA R-6D



Kavya Nair-7A



NESSA R-6D



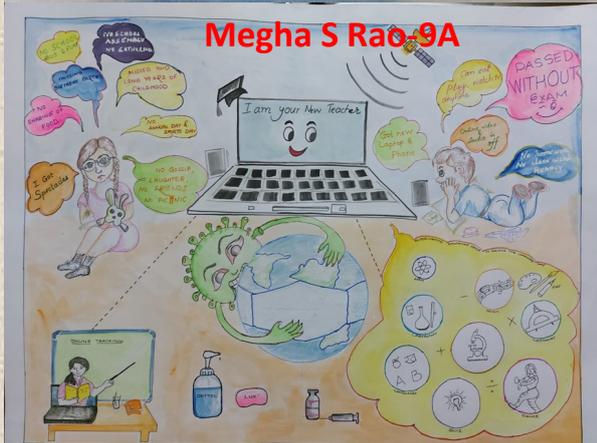
Snikitha-8B



Snikitha-8B



Megha S Rao-9A



Aadhya-11B



## सुभाषितानि

शिलातलं प्राप्य यथा मृगेन्द्रो

महारणं प्राप्य यथा गजेन्द्रः।

राज्यं समासाद्य यथा नरेन्द्रः

तथाप्रकाशो विराज चन्द्रः॥

The Moon shone bright like the lion, the king of animals on the top of a rock. He shone like the lord of the elephants in the deep forest, and like the king who regained his kingdom.

न चोरहार्यं न च राजहार्यं

न भ्रातृभाज्यं न च भारकारि।

व्यये कृते वर्धते एव नित्यं

विद्याधनं सर्वधनप्रधानम्॥

The wealth of knowledge is indeed the supreme among all wealths as it is not stealable by thief, also not snatchable by king, not divisible among the brothers, nor is it a burden and if spent, it always increases.

आयुर्वर्षशतं नृणां परिमितं रात्रौ तदर्थं गतं

तस्यार्थस्य परस्य चार्धमपरं बालत्वं वृद्धत्वयो ।

शेषं व्याधि वियोग दुःख सहितं सेवदिभिर्नीयते

जीवे वारित्स्वग चञ्चलतरे सौख्यं कृतः प्राणिनाम् ॥

The life span of men is one hundred years and half of it is spent as nights ( in sleeping). Half of the remaining (25 years) is spent in childhood and old age and the remaining 25 years are spent in fighting diseases, separation, miseries and service, Further, the expectancy of life is extremely unstable like the waves generated in water. So where is the happiness in the life of all living beings ?

Gopika kannan –9B



चिन्तनीया हि विपदां आदावेव  
प्रतिक्रिया।

न कूपखननं युक्तं प्रदीप्तं वान्हिना गृहे॥

The remedy to a problem should be thought  
of ahead of time. ।

It is not appropriate to dig a well after the  
house has caught fire.

Collected by and Art by

## नदी

नदीतटे एव सर्वाः संस्कृतयः समुद्भवन्ति । तत्र भारतीय संस्कृतेः नद्यः एव  
आधारभूताः ।

नदीजलम् अत्यमूल्यम् पूजनीयम् च । जनाः पापपरिहारार्थं पुण्यसंपादनार्थं  
च नदीं गत्वा तत्र स्नानं कुर्वन्ति । तां भक्त्या पूजयन्ति । तज्जलं  
तीर्थमिति स्वीकुर्वन्ति । तदिदं जलम् उपभोगाय इति स्वार्थदृष्टिः न युक्ता  
। जलस्य मितोपयोगः हिताय कल्पते । भेदभावं विना नदीजलं सर्वान्  
उपकरोति । अतः जन्तवः सर्वे नदीनाम् कृते कृतज्ञाः भवेयुः । जलं  
समेषां जीवनम् । जलेन विना जन्तवः न जीवन्ति । तद्विना कृषकाः  
कृषिं कर्तुं न पारयन्ति । नदीं विना जलसमृद्धिः न भवति । जलसमृद्धिः  
विना जीवनसमृद्धिः न भवति । अतः जीवनसमृद्ध्यर्थं नदीं सर्वथा सर्वदा  
रक्षणीया । नदीं तापविनाशाय पापानां हरणाय च । संसारदुःखनाशाय  
पूज्यते सर्वं जन्तुभिः ॥

Vibhav – 6C

## भारतस्य शास्त्रीयनृत्यानि



भारतस्य शास्त्रीयनृत्यानि शोभन्ते भारतमातुः पदतले । अनेकानि सन्ति पूर्वजैः कृतानि विभिन्नानि मनोहराणि च नृत्यानि ।

भरतनाट्यं तमिळनाडु प्रदेशात् सम्पूर्ण भारते प्रसिद्धं नृत्यम् । एतत् सर्वैः कृतं गुणगानम्, भारतमातुराराधनम् ।

मोहिनीयाट्टम् कथक्कळी च शास्त्रीयनृत्ये करलप्रदेशस्य अपूर्वे सौन्दर्ये ।

अभिनयजननी कलैषालास्ये, कथाकथने च मनोहारिणी ।

कथक् उत्तरप्रदेशस्य अपूर्व शास्त्रीयनृत्यम् अस्ति । एतत् कथाकथने,

अभिनये, नृत्ये च रमणीयम् अस्ति । एतत् अतिसुन्दरम् मातुरुपासनम् ।

कुच्चिपुडी आन्ध्रप्रदेशस्य शास्त्रीयनृत्यमस्ति । नृत्यमेतत् भरतनाट्यसदृशं किन्तु

अद्वितीयम् आसनभङ्गेषु भिन्नमिदम् अतिरमणीयम् ।

मणिपुरि मणिपुर राज्यस्य भारताराधनम् अस्ति । राधाकृष्णयोः स्तवनम्, मणिपुरि

रासलीला च अतिशोभनम् । लोकचिन्ताकर्षकमिदम् अतिरमणीयम् ।

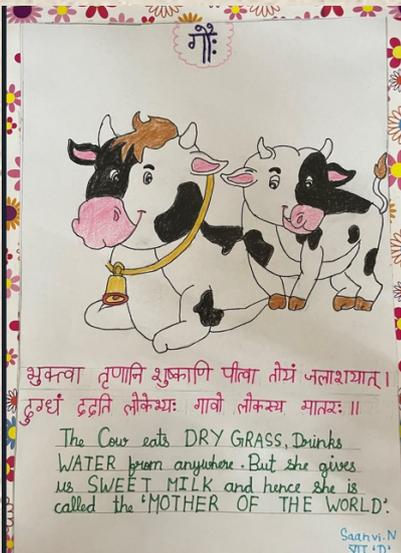
ओडिस्सि ओडिस्सा राज्यं लालितम् वर्तमानरूपेण ओर्ध्व मगध मगधाख्यम् प्रधानाः

नर्तकाः प्रख्याताः महारथयः । एतत् अतिसुन्दरं शास्त्रीयनृत्यम् ।

एतानि शास्त्रीयनृत्याणि मनोहराणि, रमणीयानि च किन्तु न ज्ञातम् सर्वैः किमर्थम्

एतत् रहस्यं रसयुक्तम् ।

AKHILA VIPIN MADANAGARLI(9B)



## FIRST INDIAN GALLANTRY AWARD WINNER

### MAJOR SOMNATH SHARMA

#### Param Vir Chakra

In Himachal Pradesh's Dadh district of Kangra, Major Somnath Sharma was born on January 31<sup>st</sup>, 1923. His father, brother, sisters all worked for the Army, therefore he came from a real military family. Under Colonel K.S. Thimmayya, afterwards the army leader, Major Sharma served in the British Army during World War II in Burma. He was sent to Arakan for his first posting, where he distinguished himself. When one of the soldiers was hurt during battling the Japanese in Arakan, he carried the wounded man, Bahadur on his shoulders to a safe place. As a result for his bravery, he received a "Mention in Dispatch".

Major Somnath Sharma, who gave his life for the country at the young age of 25, was awarded the Param Vir Chakra of Independent India. Future generations will continue to draw inspiration from his story of bravery, leadership and unwearied fighting spirit.

A. KESHIKA PAWAR -9A

### THE BIG BANG BIRTHDAY

On the night of twenty-first,  
A big black balloon burst.  
What came out of it,  
Were millions of tiny stars.

It was finally Sun's birthday,  
And the whole of space was called.  
Except for the voracious black hole,  
As it would devour on the whole.

Saturn conferred some gold rings,  
And Jupiter its humungous red eye.  
Europa bestowed a plethora of ice,  
And earth gifted some life.

The sun beamed bright and shiny,  
After all it was his day.  
Everybody there crowded around,  
To sing the birth-day song.

They received warm-return gifts and cherished the day.  
They all were stuck in there for eons together,  
And formed an ethereal system- YOU KNOW WHAT.

-Anushka Sarada -9B

## **Voyager2 and its contributions to astrophysics**

One of the greatest Space engineering models ever made in the world even though it is made before Voyager one it was launched after Voyager one it is currently crossed the termination shock heliosphere and heliosheath shops.

There is still a lot to learn about the region of interstellar space beyond the immediate region of the heliosphere said Ed stone. Voyager scientist based at California. Together the two voyagers provide a detailed glimpse of how are heliosphere with interstellar space wind flowing from beyond. Their observations complement data from NASA's interstellar boundary explorer, a mission that is remotely sensing that boundary.

Voyager 2

discovered a 14 th moon at Jupiter and discovered "the great dark" spot a Neptune. It was launched on 20 th August 1977. Long range observations of the planet began on November 4 1985, when signals took approximately 2.5 hours to reach Earth. The flyby of Neptune Voyager 2a planetary encounters, which spanned an amazing 12 years in deep space although voyagers2 is estimated to die in 9 to 10, its contributions and help in the study of space is unforgettable.

**Fydhah-11A**

## **Just so many questions**

What are you gonna mumble?

When you get in trouble,

How are you gonna face?

The dangerous pace,

What are you gonna preach?

When all you do is screech,

How are you gonna find anyone?

When you are the only one,

All questions remain unanswered.

All the words you need,

That you need to lead

Are slipping away from grasp,

As you remain agasp.

**Harshavardhana 6D**

## ಸ್ನೇಹಿತನಂತಹ ಪುಸ್ತಕ

ಪುಸ್ತಕಗಳಿರುವ ಮನೆ  
ಹೂಗೆಳಿರುವ ಹೂದೋಟದಂತೆ

ಪುಸ್ತಕಗಳಿರುವ ಗ್ರಂಥಾಲಯ  
ದೇವನಿರುವ ಮಂದಿರದಂತೆ.

ಜ್ಞಾನ ತುಂಬಿರುವ ಪುಸ್ತಕ  
ಒಳ್ಳೆಯ ಸಮಾಜದ ಬೆನ್ನಿನಾಡಿ

ಪುಸ್ತಕಗಳೇ ಜೀವನದ ಹಾದಿ  
ಮನುಕುಲದ ಉನ್ನತಿಗೆ ನಾಂದಿ.

ಓದು ಓದು ಓದು ಪುಸ್ತಕ  
ಏರು ಏರು ಸಾಧನೆಯ ಶಿಖರ

ಛಲವ ಬಿಡದೆ ಸಾಧಿಸು  
ಸಾಧಿಸಿ ಸಾಧಕನಾಗು.



ದುತಿಶಾ ರಾಜೇಶ್  
ನಾಲ್ಕನೆಯ ತರಗತಿ ಡಿ ವಿಭಾಗ.

## ಬಂಗಾರದಂತಹ ಮಾತು

ಬಡವರ ಮುಂದೆ ನಿನ್ನ ಉತ್ತಮವಾದ

ಸಂಪತ್ತಿನ ಕುರಿತು ಮಾತನಾಡಬೇಡ

ರೋಗಿಯ ಮುಂದೆ ನಿನ್ನ ಉತ್ತಮವಾದ

ಆರೋಗ್ಯದ ಬಗ್ಗೆ ಮಾತನಾಡಬೇಡ

ದುರ್ಬಲರ ಮುಂದೆ ನಿನ್ನ

ಶಕ್ತಿಯ ಬಗ್ಗೆ ಮಾತನಾಡಬೇಡ

ದುಃಖಿತನ ಮುಂದೆ ನಿನ್ನ ಜೀವನ

ಸುಖಗಳ ಬಗ್ಗೆ ಮಾತನಾಡಬೇಡ

ಖೈದಿಯ ಮುಂದೆ ನಿನ್ನ

ಸ್ವಾತಂತ್ರ್ಯದ ಬಗ್ಗೆ ಮಾತನಾಡಬೇಡ

ಮಕ್ಕಳಿಲ್ಲದವನ ಮುಂದೆ ನಿನ್ನ

ಮಕ್ಕಳ ಬಗ್ಗೆ ಮಾತನಾಡಬೇಡ

ಅನಾಥರ ಮುಂದೆ ನಿನ್ನ

ತಂದೆ-ತಾಯಿಯ ಬಗ್ಗೆ ಮಾತನಾಡಬೇಡ

ಕಾರಣ : ಅದು ಅವರ ಗಾಯದ ಮೇಲೆ ಬರೆ ಎಳಿದಂತಾಗುತ್ತದೆ !!!

ರೇಶಿಕ .ಟಿ

ನಾಲ್ಕನೆಯ ತರಗತಿ ಡಿ ವಿಭಾಗ

## ನುಡಿ ಮುತ್ತುಗಳು ( ಗಾದೆಮಾತು )

- \* ಹಾಸಿಗೆ ಇದ್ದಷ್ಟು ಕಾಲು ಚಾಚು
- \* ಮನಸಿದ್ದರೆ ಮಾರ್ಗ
- \* ಕುಂಬಾರನಿಗೆ ವರುಷ ದೊಣ್ಣೆಗೆ ನಿಮಿಷ
- \* ಉಪ್ಪಿಗಿಂತ ರುಚಿಯಿಲ್ಲ, ತಾಯಿಗಿಂತ ಬಂಧುವಿಲ್ಲ
- \* ತುಂಬಿದ ಕೊಡ ತುಳುಕುವುದಿಲ್ಲ

ಅದ್ವಿತೀಯ ವಿಶ್ವನಾಥ  
ನಾಲ್ಕನೆಯ ತರಗತಿ ದಿ ವಿಭಾಗ

### ಭಾರತದ ಸಂವಿಧಾನ

ಡಾ. ಬಿ. ಆರ್. ಅಂಬೇಡ್ಕರ್ ಅವರನ್ನು ನಮ್ಮ ಸಂವಿಧಾನದ ಪಿತಾಮಹ ಎಂದು ಕರೆಯುತ್ತಾರೆ. ಸಂವಿಧಾನವು ಒಂದು ದೇಶದ ಅಡಳಿತಕ್ಕೆ ಮಾರ್ಗದರ್ಶನ ನೀಡುವ ನಿಯಮಗಳು ಮತ್ತು ನಿಬಂಧನೆಗಳ ಒಂದು ಗುಂಪಾಗಿದೆ. ಸಂವಿಧಾನವು ರಾಷ್ಟ್ರದ ಪ್ರತಿಯೊಂದು ಪ್ರಜಾಸತ್ತಾತ್ಮಕ ಮತ್ತು ಜಾತ್ಯಾತೀತ ರಚನೆಯ ಬೆನ್ನಲುಬಾಗಿದೆ. ಜನವರಿ ೨೬, ೧೯೫೦ ರಂದು, ಭಾರತದ ಸಂವಿಧಾನವು ಜಾರಿಗೆ ಬಂದಿತು. ಅದಕ್ಕಾಗಿಯೇ ಭಾರತದಲ್ಲಿ ಜನವರಿ ೨೬ ಅನ್ನು ಗಣರಾಜ್ಯ ದಿನವನ್ನಾಗಿ ಆಚರಿಸಲಾಗುತ್ತದೆ.

### ಭಾರತದ ಸಂವಿಧಾನದ ವೈಶಿಷ್ಟ್ಯಗಳು:-

ಭಾರತದ ಸಂವಿಧಾನವು ಸಂವಿಧಾನದ ಮೂಲ ಅಧಿಕಾರಗಳು ಮತ್ತು ತತ್ವಗಳನ್ನು ಒಳಗೊಂಡಿರುವ ಪೀಠಿಕೆಯೊಂದಿಗೆ ಪ್ರಾರಂಭವಾಗುತ್ತವೆ. ಇದು ಸಂವಿಧಾನದ ಉದ್ದೇಶಗಳನ್ನು ಪ್ರತಿಪಾದಿಸುತ್ತದೆ. ಭಾರತದ ಸಂವಿಧಾನವು ವಿಶ್ವದ ಅತ್ಯಂತ ಉದ್ದವಾದ ಸಂವಿಧಾನವಾಗಿದೆ. ಇದು ಪ್ರಾರಂಭದ ಸಮಯದಲ್ಲಿ ೨೨ ಭಾಗಗಳಲ್ಲಿ ೩೯೫ ಲೇಖನಗಳನ್ನು ಮತ್ತು ೮ ವೇಳಾಪಟ್ಟಿಗಳನ್ನು ಹೊಂದಿತ್ತು. ಈಗ ಇದು ೨೫ ಭಾಗಗಳಲ್ಲಿ ೪೪೮ ಲೇಖನಗಳನ್ನು ಮತ್ತು ೧೨ ವೇಳಾಪಟ್ಟಿಗಳನ್ನು ಹೊಂದಿದೆ. ಇಲ್ಲಿಯವರೆಗೆ ಭಾರತೀಯ ಸಂವಿಧಾನದಲ್ಲಿ ೧೦೪ ತಿದ್ದು ಪಡಿಗಳನ್ನು ಮಾಡಲಾಗಿದೆ.

ನಮ್ಮ ಸಂವಿಧಾನದ ಒಂದು ವಿಶಿಷ್ಟ ಲಕ್ಷಣವೆಂದರೆ ಅದು ಅಮೆರಿಕನ್ ಸಂವಿಧಾನದಷ್ಟು ಗಟ್ಟಿಯಾಗಿಲ್ಲ ಅಥವಾ ಬ್ರಿಟಿಷ್ ಸಂವಿಧಾನದಂತೆ ಹೊಂದಿಕೊಳ್ಳುವುದಿಲ್ಲ. ಇದರರ್ಥ ಇದು ಭಾಗಶಃ ಕಟ್ಟುನಿಟ್ಟಾಗಿರುತ್ತದೆ; ಮತ್ತು ಭಾಗಶಃ ಹೊಂದಿಕೊಳ್ಳುತ್ತದೆ. ಈ ಕಾರಣದಿಂದಾಗಿ ಕಾಲದ ಬದಲಾವಣೆಯೊಂದಿಗೆ ಇದು ಸುಲಭವಾಗಿ ಬದಲಾಗಬಹುದು ಮತ್ತು ಬೆಳೆಯಬಹುದು. ಭಾರತೀಯ ಸಂವಿಧಾನವು ಭಾರತ ನಾಗರಿಕರಿಗೆ ಮೂಲಭೂತ ಹಕ್ಕುಗಳ ವಿಸ್ತೃತ ಪಟ್ಟಿಯನ್ನು ಒದಗಿಸುತ್ತದೆ. ಸಂವಿಧಾನವು ಹಲವಾರು ಉದ್ದೇಶಗಳನ್ನು ಪೂರೈಸುತ್ತದೆ. ನಮ್ಮ ಸಮಾಜದ ಮೂಲಭೂತ ಸ್ವರೂಪ ಏನೆಂದು ಸಂವಿಧಾನ ಹೇಳುತ್ತದೆ. ಭಾರತದ ಸಂವಿಧಾನವನ್ನು ಭಾರತೀಯರು ರಚಿಸಿದ್ದಾರೆ. ಯಾವುದೇ ವಿದೇಶಿ ಕೈ ಇಲ್ಲವೇ ಇಲ್ಲ.

### ಪೀಠಿಕೆ ಸಂವಿಧಾನ :-

ಪೀಠಿಕೆ ಸಂವಿಧಾನದ ಪೀಠಿಕೆಯೇ ಸಂವಿಧಾನದ ಆತ್ಮ.

ಪೀಠಿಕೆಯು ಭಾರತವು ಸಾರ್ವಭೌಮ ದೇಶ ಎಂದು ಹೇಳುತ್ತದೆ. ಇದನ್ನು ಭಾರತೀಯರು ಮತ್ತು ಭಾರತೀಯರು ಮಾತ್ರ ಆಳುತ್ತಾರೆ ಮತ್ತು ನಿರ್ವಹಿಸುತ್ತಾರೆ. ಭಾರತ ಜಾತ್ಯಾತೀತ ದೇಶ ಎಂದು ಅದು ಹೇಳುತ್ತದೆ. ನಮ್ಮ ನೆರೆಯ ದೇಶಗಳಿಗಿಂತ ನಮ್ಮ ಭಾರತದಲ್ಲಿ ಎಲ್ಲಾ ನಾಗರಿಕರು ಯಾವುದೇ ಭಯವಿಲ್ಲದೆ ತಮ್ಮ ಧರ್ಮಗಳನ್ನು ಆಚರಿಸಬಹುದು.

ಒಟ್ಟಿನಲ್ಲಿ , ಸಂವಿಧಾನವು ಎಲ್ಲಾ ನಾಗರಿಕರಿಗೆ ಸೂಚನೆಗಳನ್ನು ನೀಡುತ್ತದೆ, ಹಾಗೂ ನಾವು ಅದನ್ನು ಪಾಲಿಸಬೇಕು . ಇದು ಪ್ರಪಂಚದಾದ್ಯಂತ ಗಣರಾಜ್ಯದ ಸ್ಥಾನಮಾನವನ್ನು ಸಾಧಿಸಲು ಭಾರತಕ್ಕೆ ಸಹಾಯ ಮಾಡಿತು.

ಉನ್ನತಿ ಗೌಡ  
ಎಂಟನೆಯ ತರಗತಿ . ದಿ ವಿಭಾಗ

# Pre-Primary PICNIC Fun-Time

ರಂಗೋಲಿ ಗಾರ್ಡನ್ಸ್ (ಮಾದರಿ ಕಲಾ ಗ್ರಾಮ)

Field-Trip

Field-Trip



# Pre-Primary



# Fun-Time



# Fun-time



## Activities



# ರಂಗೂಲ ಗಾರ್ಡನ್ಸ್ (ಮಾದರಿ ಕಲಾ ಗ್ರಾಮ)

## Field-Trip



## Field-Trip



# Field-Trip



# Happy Republic Day

**We are Indians firstly and lastly**

The 74<sup>th</sup> Republic Day was celebrated with pride and reverence. The grand occasion began with the ceremonial guard of honour and then hoisting of tricolor, followed by the National Anthem. The chief guest, Shri.Prakash R Narang addressed the gathering and dedicated the celebrations to the undying human spirit to triumph and urged the students to use every opportunity to build strength in oneself. The cultural celebrations included dance , music and talk by the students .Art forms , drawings, paintings and dance performances generated loyalty , patriotism and showcased our rich historical , traditional and cultural heritage. No celebration is complete without making us feel proud of the fact that, “Saare Jaahen se Accha Hindustan Hamara”.



# Happy Republic Day



## A Source of Knowledge

Bharat Bhavyata quiz, was conducted in the school auditorium on 27<sup>th</sup> January, 2023. It was aimed to make the students aware about India's contribution to the world in various field, life works of great characters in India and their message, the Indian Democratic System, glorious cultural heritage and tradition and current affairs and policies for the people. The students from classes 6 to 12 participated enthusiastically .



WINNER -NEPTUNE	WINNER- EARTH
RADHA D RAMADEVA	ADVAITH S L
ANUSHKA SARDA	LEKHA M PHUTANE
YASHASWINI D S	AKSHITHA G S



The live telecast of 'Pariksha Pe Charcha 2023' programme was screened for students of Classes 7-12 on 27.01.2023 at 11.00 a.m. in the school auditorium. It was an hour interaction of Prime Minister Narendra Modi with students, parents and teachers on various exam related issues. Mr. Modi interacted with around 2,000 school students who had gathered from across the states and Union Territories at Talkatora Stadium, New Delhi and connected live with students from countries like Oman, Iran, Nepal, Kuwait, Russia, among others. Students understood the value of Time management , Digital fasting and power of focus.



**THANK YOU**  
THANK YOU

