**SINDHI HIGH SCHOOL, HEBBAL**

**II PERIODIC TEST 2023-24**

**ENGLISH LANGUAGE AND LITERATURE**

**DATE: 31/8/23 MAX. MARKS: 50**

**NO. OF SIDES PRINTED: 5 TIME: 2 HOURS**

**Reading Time: 8.30 – 8.40**

**Writing Time : 8.40 – 10.40**

**GENERAL INSTRUCTIONS:**

1. This paper consists of three sections. Section A Reading; Section B Writing & Grammar and Section C Text Books

2. Attempt all questions adhering to the word limit.

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**SECTION A READING**

**Q. 1. Read the passage given below. (1 x 8 = 8)**

1. Think about all the factors that can interfere with a good night’s sleep — from work stress and challenges, such as illnesses. It’s no wonder that quality sleep is sometimes elusive. While you might not be able to control the factors that interfere with your sleep, you can adopt habits that encourage better sleep. Set aside no more than eight hours for sleep. The recommended amount of sleep for a healthy adult is at least seven hours. Most people don’t need more than eight hours in bed to achieve this goal. Go to bed and get up at the same time every day
2. Try to limit the difference in your sleep schedule on weeknights and weekends to no more than one hour. Being consistent reinforces your body’s sleep-wake cycle. If you don’t fall asleep within about 20 minutes, leave your bedroom and do something relaxing. Read or listen to soothing music. Go back to bed when you’re tired. Repeat as needed. Don’t go to bed hungry or stuffed. In particular, avoid heavy or large meals within a couple of hours to bedtime. Your discomfort might keep you up. Don’t drink caffeine before sleep. The stimulating effects of caffeine take hours to wear off and can wreak havoc on quality sleep. Create a room that’s ideal for sleeping. Often, this means cool, dark and quiet.
3. Exposure to light might make it more challenging to fall asleep. Avoid prolonged use of light-emitting screens just before bedtime. Consider using room-darkening shades, earplugs, a fan or other devices to create an environment that suits your needs. Doing calming activities before bedtime, such as taking a bath or using relaxation techniques, might promote better sleep. Long daytime naps can interfere with night-time sleep. If you choose to nap, limit yourself to up to 30 minutes and avoid doing so late in the day. If you work nights, however, you might need to nap late in the day before work to help make up your sleep debt. Regular physical activity can promote better sleep. Avoid being active too close to bedtime; however, spending time outside every day might be helpful, too.

**On the basis of your reading of the passage given above, answer the following questions.**

**(i) According to the author, what, from the following can be an obstacle for a good night’s**

**sleep?**

(a) Regular physical activity. (b) Stress and anxiety.

(c) Absence of light in bedroom. (d) Weary and tiredness.

**(ii) Select the option that suitably completes the dialogue with reference to paragraph 2.**

Zaid: Waking up late on weekends is my favourite thing to do! But I always have problem

sleeping early for the next Monday morning.

Sid: That’s because you’re not consistent! We should ……………………

(a) Limit the difference in our sleep schedule to three hours.

(b) Be habitual of sleeping anytime irrespective of our sleep schedule.

(c) Limit the difference in our daily sleep schedule to bare minimum.

(d) Sleep late every night to develop a uniform sleep schedule.

**(iii) Choose the option that best conveys the message in - ‘you might not be able to control the**

**factors.’**

1. Family responsibilities and stress are human created problems.

(b) Humans cannot control their sleep patterns and cycles.

(c) Factors like a good night’s sleep can be out of control even with good habits.

(d) None of the above

**(iv) What qualities do people with a healthy sleep schedule display? Choose one option from the**

**following:**

1. Going to bed with a dependable routine daily.

(b) Promoting screen-time right before going to bed.

(c) Consuming caffeine and heavy diet before sleep time.

(d) Taking long afternoon naps.

**(v) Select the qualities from paragraph 3,that the author wants us to imbibe to develop a**

**healthy sleep pattern.**

(1) Being relaxed. (2) Hyper active. (3) Using laptops before bed.

(4) Spending time outside. (5) Using earplugs

(a) (1), (2) and (5) (b) (1), (3) and (4) (c) (1), (4) and (5) (d) (1), (3) and (5)

**(vi) Which of the following is shown by the exposure to light just before bedtime?**

(a) It can promote better sleep. (b) It will always keep you awake every time.

(c) It makes it more challenging to fall asleep. (d) You will instantly fall asleep.

**(vii) What does the writer advice, in paragraph 2?**

(a) Avoid being active too close to bedtime.

(b) Read or listen to soothing music.

(c) Avoid prolonged use of light-emitting screens.

(d) Set aside no more than eight hours for sleep.

**(viii) Choose the option that lists the quote best expressing the central idea of the passage.**

(a) My life has the tendency to fall apart when I'm awake, you know? — Ernest Hemingway

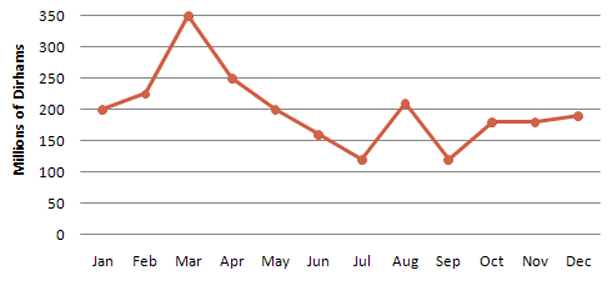
(b) Sleep, those little slices of death — how I loathe them. — Edgar Allan Poe

(c) How sleep the brave, who sink to rest, By all their country's wishes blest! — William Collins

(d) Sleep is that golden chain that ties health and our bodies together. — Thomas Dekker

**Q.2. The graph given shows estimated sales of gold in Dubai in 2002.**

Read the paragraph and answer the following questions. **(1 x 7=7)**



The line graph depicts the estimated sales of gold in Dubai for a period of twelve months in 2002 in millions of Dirhams. In January 2002, the sales stood at 200 million Dirhams. It steadily increased through the next month and peaked to 350 million Dirhams in the third month of the year. However, the gold sales started to plummet over the next three months and hit 110 million Dirhams in the month of July. Unexpectedly, the sales doubled in August before coming down to the same level as in July for the month of September. For the next two months of the year, the gold sales levelled off to 180 million Dirhams and then slightly increased in December. Overall, the estimated gold sales fluctuated in 2002. The sales were the highest in the month of March and lowest in the months of July and September. The sales at the end of the year were almost the same as they were in the beginning of the year.

i) The line graph depicts the estimated sales of gold in Dubai for a period of twelve months in

.............. in millions of Dirhams.

a)2010 b)2002 c)1981 d)1960

ii) In January 2002, the sales stood at ........million Dirhams.

a)200 b)2000 c)nil d)100

iii) It steadily increased through the next month and peaked to 350 million Dirhams in the

.................. of the year.

a)first month b)sixth month c)eleventh month d)third month

iv) Unexpectedly, the sales ...........in August before coming down to the same level as in July for the

month of September.

a)failed b) multiplied c)doubled d)cancelled

v) The sales were the highest in the month of ...........

a)January b)March c)December d)October

vi) The sales at the end of the year were almost ........ as they were in the beginning of the year.

a) Satisfactory b) nil c)the same d)increased

vii) The sales were the highest in the month of March and lowest in the month of .............

a) July and September. b) February c) November d) August and December

**SECTION B (WRITING &GRAMMAR**)

**Q.3**. Aug. 14, 2023, 8:38 a.m. At least nine people were killed inside a Himalayan temple that

collapsed on Monday after heavy rains set off landslides and flash floods.

You came across this news recently and felt disturbed. Deforestation and global warming

are also the major reasons for these calamities. Write a diary entry expressing your

feelings. **(5 Marks)**

**Q.4. Attempt the questions by picking the right option. (1 x 9 =9)**

i). \_\_\_\_\_\_\_\_\_\_ of the two sisters is married.

A. Both B. Every C. Each D. An

ii). We are \_\_\_\_\_\_\_\_\_\_ wait in the lobby until the receptionist calls again.

A. supposed to B. used to C. obliged to D. able to

iii). Politics \_\_\_\_\_\_\_\_\_\_\_ been one of the debatable topics.

A. is B. are C. have D. has

iv). The tailor said to him, "Will you have the suit ready by tomorrow evening?"

A. The tailor asked him that he will have the suit ready by the next evening.

B. The tailor asked him that he would had the suit ready by the next evening.

C. The tailor asked him if he would have the suit ready by the next evening.

D. The tailor asked him if he will like to the suit ready by the next evening.

v). The stars \_\_\_\_\_\_\_\_\_\_ at night.

A. are twinkling B. twinkles C. twinkle D. will twinkle

vi). Fill in the blank by using the correct form of the word given in the bracket, for the given portion

of a letter.

Dear Sir

I read an article in yesterday’s newspaper regarding the large-scale cutting of trees near

Vande Bharat Nagar and I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (write) to express my horror at this decision.

vii) Select the option that identifies the error and supplies the correction for the closing line, from an

analytical report.

In conclusion, this study explores the association among short-sleep pattern and overweight

youngsters.

|  |  |  |
| --- | --- | --- |
| OPTION NO. | ERROR | CORRECTION |
| A | explores | explore |
| B | and | or |
| C | among | between |
| D | In | For |

viii). Re arrange the phrases to make meaningful sentence:

An indisputable fact/ has gone/ It is/new technologies/that the world/too far with/

ix) Read the conversation between Pankaja and the interviewer. Complete the sentence by

reporting the dialogue.

Interviewer: Ms Pankaja! What are your academic qualifications?

Pankaja: Sir, I did my M.A. (English) from Delhi University.

The interviewer, while interviewing a candidate, Ms. Pankaja \_\_\_\_\_\_\_\_\_\_ , to which she replied

that she had done her M.A. in English from Delhi University.

**SECTION C (LITERATURE)**

**Q.4. Read the extract and pick out the right option: (3 X 2 =6)**

**A. ‘Every tinkle on the shingles**

**Has an echo in the heart:**

**And a thousand dreamy fancies**

**Into busy being start.’**

**i) Shingles are :**

a) Rectangular wooden tiles used on roofs

b) Jingles that have a rhythm in them

c) Trinkets used for decoration

d) Soft falling droplets of rain

**ii) ‘Dreamy fancies’ refer to ­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_.**

a) Dullness b) Interest c) Imagination d) Neglect

**iii) Name the poem and the poet of the above extract.**

**B) “You d-d-don’t know? If you stutter like that, Mother will have to take you to the doctor.”**

i) The speaker of the above words is

a) Kezia b) Kezia’s grandmother c) Kezia’s mother d) Kezia’s father

ii) The reason that is not true for Kezia’s stutter is \_\_\_\_\_\_\_\_\_\_

a) She was terrified by her father’s looks b) Her father was very strict with her

c) Her father spent no time with her d) Macdonalds played with his children.

iii) The antonym of stutter

a) Stammer b) Mumble c) Steady d) Blabber

**Q.5. Answer briefly in about 50 words:**  **(3 x 3=9)**

i) List three images which William Butler Yeats draws to describe what he sees and hears at

Innisfree.

ii) What were the last few pranks played by Toto, which made grandfather to give him away to

the tonga driver?

iii) Storytelling is an art. Do you think Iswaran qualifies to be a good storyteller? Give reasons.

**Q.6. ‘Einstein is not only a genius but also a World Citizen’. Give evidences from the text to prove**

**the above statement. (6 Marks)**

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