

SINDHI HIGH SCHOOL



FROM DARKNESS UNTO LIGHT

# SINDHI HIGH SCHOOL HEBBAL

(Affiliated to CBSE, New Delhi)



# NEWSLETTER-1

2024-25





आ नो॑ दि॒वो बृ॒हतः प॑र्व॒तादा सर॑स्वती य॒ज्ञता ग॑न्तु य॒ज्ञम् ।  
हव॑ँ दे॒वी जु॑जुषा॒णा घृ॒ताची॑ श॒ग्मां नो॑ वाच॑मुश॒ती शृ॑णोतु ॥



**Mrs Rachna Sharma**  
Principal

# From The Principal's Desk

**Dear Students, Parents and Staff,**

This academic year has been a remarkable journey of growth and discovery, filled with activities that truly reflect our commitment to holistic education. As Aristotle wisely said, "*Educating the mind without educating the heart is no education at all.*" Our recent initiatives have embodied this philosophy, fostering both intellectual and personal development.

The **21-Day Yoga Challenge** nurtured both body and mind, reminding us of the importance of balance in our fast-paced lives. The Student Council Elections introduced our young learners to the democratic process, enhancing their understanding of leadership and civic responsibility.

In commemorating **Kargil Vijay Diwas**, we instilled a deep sense of patriotism and gratitude for our nation's heroes. Meanwhile, **Art Day** provided a vibrant platform for our students to express their creativity and emotions through various artistic mediums.

These diverse experiences contribute to the all-round development of our students, preparing them not just academically, but as well-rounded individuals ready to face life's challenges. As the renowned educator John Dewey aptly put it, "*Education is not preparation for life; education is life itself.*"

As we approach **Independence Day**, it is important to reflect on the significance of this day in our nation's history. Independence Day is not just a reminder of the freedom we enjoy but also a call to action for each of us to contribute positively to our society. The values of unity, courage, and dedication that led to our independence continue to guide us in our mission to educate and inspire the next generation.

We extend our heartfelt gratitude for your continued support in nurturing a vibrant and dynamic learning environment. Together, we are shaping not just minds, but characters and futures.

Happy reading!

# *From The Editor's Desk"*

*As we launch the inaugural edition of the Sindhian Newsletter for the academic year 2024-25, we are thrilled to share with you a vibrant tapestry of our students' academic accomplishments, joyous celebrations, diverse activities, and creative expressions. This edition offers a panoramic glimpse into the dynamic life of our institution, showcasing the talents and achievements of our students. We hope this newsletter will delight your senses, inspire your mind, and leave you with a lasting impression of our community's spirit and excellence..*

**Mrs. Rachna Sharma**

**Mrs. Chitralkha P**

**Mrs. Mridula Tripathi**

**Ms. Ramamani Sampath**

**Ms Deepa B Ravishankar**

**Ms. Ayesha Tasneem**

**Mr. Raghunath D S**

**Mr. Karthik B R**

**Ms. Caroline Ward**

**Ms. Sangeetha S**

**Ms. Meeta Dey**

**Ms. Shanthi P**

**Ms. Gangadhar OH**

**Ms. Ranjana Singh**

**Ms. Aruna B S**

**Principal**

**Vice-Principal**

**Vice-Principal**

**Editor- in-Chief**

**Ms. Geeta Raj**

**Ms. Shubha Balakrishnan**

**Ms. Sunita Bantupalli**

**Mr. Kantharaj B**

**Ms. Reshma S Kumar**

**Mr. Harish A Potdar**

**Ms. Prema Bisht**

**Mr. Prasanna M M**

**Ms. Dhanalakshmi K**

**Ms. Snehalatha B**

**Mr. Manju**

The Management Congratulates the Students, Staff & Parents on achieving  
cent percent Results in AISSCE Board Examination 2023-24

## AISSCE CLASS XII SCHOOL TOPPERS

### Science

#### PCMB



HR ACHALA  
483 / 500  
96.6 %

#### PCMC



ANIRUDH  
RAMACHANDRAN  
469 / 500  
93.8%

#### PCBC



ARJUN R  
461 / 500  
92.2 %

### Commerce

#### IEBA



ARABHI PILLAI  
484 / 500  
96.8 %

#### MEBA



ANJANI RANGANATH  
462 / 500  
92.4 %

#### EEBA



SUPRABHA R  
471 / 500  
94.42%

## RESULT HIGHLIGHTS

### Science :

Total Students : 57

Above 90 % Aggregate : 11

Above 80 % Aggregate : 29

Above 75 % Aggregate : 37

Subjectwise Distinctions : 95

### Commerce :

Total Students : 21

Above 90 % Aggregate : 5

Above 80 % Aggregate : 10

Above 75 % Aggregate : 14

Subjectwise Distinctions : 76

THE MANAGEMENT CONGRATULATES THE STUDENTS ON CROSSING THIS SIGNIFICANT MILESTONE!  
WE ARE PROUD TO ANNOUNCE THAT OUR STUDENT HAVE ACHIEVED CENT PERCENT RESULTS IN

## THE AISSE CLASS X Board Examination 2023-24

### AISSSE CLASS X SCHOOL TOPPERS



**JANVI SHARMA**  
490 / 500  
98 %  
SCIENCE 100  
SANSKRIT 100



**RISHIKA S**  
487 / 500  
97.4 %  
KANNADA 98



**AKHILA V M**  
97.2 %  
486 / 500  
SANSKRIT 100

### SUBJECT TOPPERS

#### SANSKRIT



**SHREYAA N D**  
100



**AKHILA V M**  
100



**AARUSH REDDY PADALA**  
100



**NIHARIKA V S**  
100



**RADHIKA ANAND**  
100



**S SRIRAM**  
100

#### SANSKRIT

#### SOCIAL SCIENCE

#### MATHEMATICS



**DHRUTHI CHINTAMANI**  
100



**ABHINAV VINOD**  
100



**SREEKRITI SESHADRI**  
100



**SREEVIDHULA A**  
100



**ANCHAL SINGH**  
100



**KOUSHIK RAJAGOPAL**  
100



**GEETH N R REDDY**  
100

#### HINDI

#### ENGLISH

#### KANNADA

#### KANNADA



**SHUBIR SINGH**  
97



**THEJAS JASWANTH**  
99



**SUNMATHI M K**  
98



**ABHAY A**  
98

### RESULT HIGHLIGHTS

Total Students : 161

Above 90 % Aggregate : 45

Above 80 % Aggregate : 91

Above 75 % Aggregate : 109

Subjectwise Distinctions : 564

# Back In Action For The New Academic Year 2024-25



**A**fter a rejuvenating summer break, the staff of the senior section of Sindhi High School, Hebbal, bounced back with vigour and enthusiasm on May 15, to kick start the academic year 2024-25 with a bang. They sought the blessings of the Almighty which was followed by the introduction of the new staff members by the esteemed Principal Mrs. Rachna Sharma.

The staff of the pre-primary, primary and middle school set their sure foot into the campus on Wednesday 22nd May 2024 exhibiting their passion towards the noble profession.

## Distinct & Accomplished...

### Deprivation

See the blind- to cherish your vision  
Ask the deaf -to enjoy your hearing  
Speak to the dumb-to value your voice  
Walk with the physically challenged - to treasure your body  
Listen to the orphan - to revere your parents  
Check with the imprisoned - to relish your freedom  
The deprivation becomes the antidote for ungratefulness.  
Absence makes the heart grow fonder!

**N. Ramamani Sampath**

Recently published in An Anthology  
Of Contemporary South Asian  
Women Poetry

Mrs. N. Ramamani Sampath, our English Coordinator has extensive qualifications including a postgraduate degree in English, B.Ed., a Diploma in Educational Administration and Supervision and a certificate on Continuous Professional Development from the British Council and UCL, London. With over 30 years of teaching experience, she is also an accomplished poet and Veena player, contributing to various literary platforms. Her poems and articles have been published in various Newspapers, International and National Magazines and many anthologies.



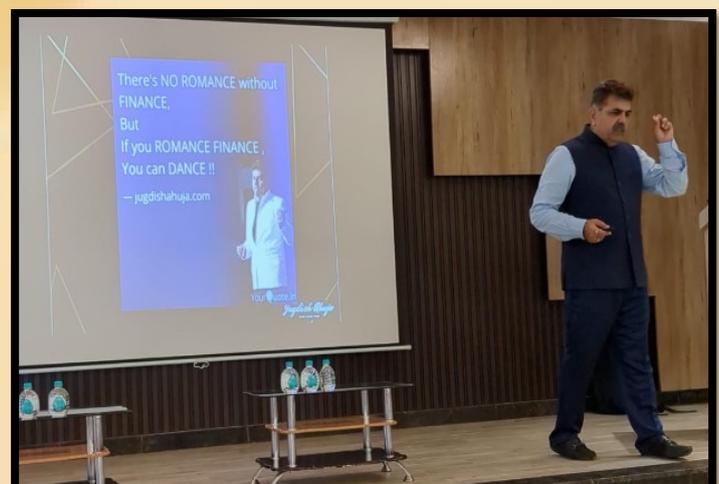
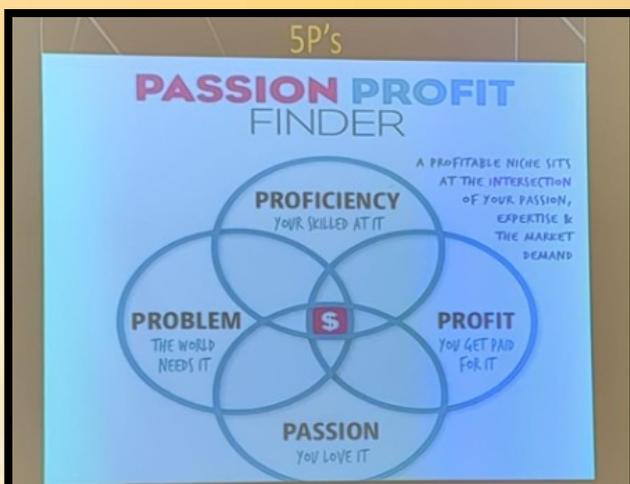
# Workshop For Intellectual Enhancement



**A** workshop on Positive Attitude in a teacher, which is synonymous to a Positive Classroom, was conducted by Dr Ravi Govindaswamy on 15 May, 2024.

He stressed on the importance of facing everyday mundane tasks in professional and personal life with a tinge of pragmatic positivity. Gratitude complemented with kindness creates a cascading effect that influences each one of our lives tremendously. Information coupled with entertainment that is infotainment with humour ensures effective learning outcomes. His techniques and strategies helped each one of us improvise our teaching methodologies and create a positive learning environment.

**W**orkshop on 17<sup>th</sup> May '24 on Holistic Personal Finance 360° by Mr. Jugdish Ahuja. He is a renowned transformational speaker, Ex. President of Bangalore Stock Exchange, trainer, investor and entrepreneur. It was an impactful and enlightening session leaving the attendees equipped with valuable insights for managing their money effectively. Various aspects of financial management was brought into light which helped the attendees rethink their earnings, savings and investment options. The focus was on personal financial growth during this engaging session.



# Workshops Galore



**T**o upgrade teacher adeptness and to keep them abreast with the present norms, a workshop on 'Teacher Ethics Attitude and Values' was conducted by Professor - Shreekrishna P.V - (Teacher Educator and counsellor) on 22<sup>nd</sup> May 2024.

The session stressed on effective and skilled teaching practices along with honing teacher ethics and values. It provided guidelines and valuable resources for the teaching faculty, further reiterating the fact 'Having the right attitude is what makes a teacher right'. The session was informative, impactful and an eye opener for the teaching faculty.



**3** C's of effective teaching was conducted by Mr Rajdeep Manwani, a renowned educator on 16th May 2024. It was an impactful workshop highlighting a blend of creativity, craft, care and concern for effective classroom management. This was put forth through interesting anecdotes and practical strategies.

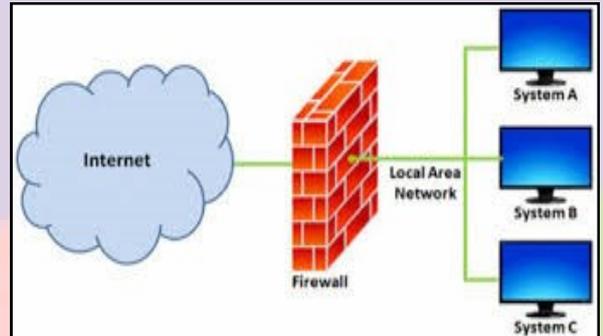


# Mechanics Mastery Starts Here...



**D**r. Madhusudhan conducted an interactive workshop on Mechanics at our School on 17th and 18th May 2024. Through experiential learning, we teachers gained a deeper comprehension of mechanics by actively engaging with real-world scenarios rather than just studying theoretical principles. This hands-on approach enabled the teachers to explore concepts such as energy, force, motion, and light through practical experiments and simulations. In conclusion, experiential learning in mechanics transcends traditional classroom instruction by empowering learners to explore, discover, and internalize the fundamental principles that govern our physical universe.

# New Initiatives For Gen Alpha...



**E**very classroom has been stepped up from the existing projector based boards to the Smart Interactive Panel Board, to keep up to the changing trends of the technologically inclined students of this smart generation. Ms. Varalakshmi from the Senses Board, conducted a workshop in the after noon, on 16 May 2024, which equipped the teachers to present lessons to students in an interactive digital forum .

The roof has been upgraded with durable puff sheets, and new energy-efficient lighting fixtures have been installed on the fourth floor, greatly improving both the functionality and aesthetics of our classrooms. Our computer science labs have also been upgraded, featuring brand-new air conditioning systems to ensure a comfortable environment for learning and innovation. Recognizing the importance of digital security in today's world, we have fortified our school's cyber infrastructure with advanced cybersecurity measures, including the installation of robust firewalls across all school computers.

# Recipients Of The Prestigious Guru Samman Award



**T**he Guru Samman Awards are a distinguished honour that recognizes and celebrates the unwavering dedication, tireless efforts, and selfless contributions of exceptional teachers and educators. These awards pay tribute to the remarkable gurus who have made a profound impact on their students' lives, inspiring creativity, fostering a love for learning, and shaping young minds.

The Guru Samman Awards symbolize the deepest gratitude and respect from students, parents, and the community, acknowledging the vital role teachers play in shaping the future generation. By conferring this award, we express our heartfelt appreciation for the commitment, passion, and unwavering support of our esteemed gurus, who are the true architects of our success.

This year, we are proud to announce that Mrs. Gowri Ravi and Mrs. BhagyaLakshmi M S (non-academic category) and Mrs. Sripriya Bhat and Mrs. Ramamani Sampath (academic category) have received the coveted trophy and certificate from our prestigious institution, in recognition of their outstanding contributions."



Mr. Nagaraj C secured second place in men's doubles category in the State Level Staff Shuttle Badminton tournament 2024-25 organized by Patel institutions

**ICONS OF INDIAN BUSINESS**  
Proudly Presents 28th Edition Awards Night

Sponsored by:

**Dinner & Night Awards @**  
Taj Vivanta Yashwanthpur Bangalore

20th July 2024  
6-30 pm Onwards

**Mrs. Vanitha M.P.**  
B.P.Ed  
Physical Education.

**IIB INDIA EDUCATION EXCELLENCE AWARDS 2024**



# First Day Reverberations...



The school started buzzing in to action with the arrival of students of Classes-8 to 12 on 20<sup>th</sup> May 2024. Students of LKG, UKG and Classes -1 to 7 were welcomed back to school on the 3<sup>rd</sup> of June 2024, by their teachers.

The tiny tots were welcomed with big smiles and warm hugs. They created a moment of nostalgia with the photo-ops displayed in the entrance.

# Embracing Nature For The Future



## WORLD ENVIRONMENT DAY



**E**nvironment Day was observed on the 5<sup>th</sup> of June 2024. The children came in Green attire to match with the theme of environment. The activities conducted in the Pre-Primary included \*Reusing of water \* Sowing seeds \* Walkathon around the school, with slogans about saving water.

Students and staff adorned with green attires symbolising nature at its best, took to the streets with banners and shouting slogans to spread the message of conserving our habitat. The students enacted a play to demonstrate the need for conserving our resources for a better future. We also visited a nearby park to spark the habit of growing plants and experience oneness with nature.



# Virtual Reality...

**L**ife skills play a crucial role to face real life challenges and this is put across effectively through SCHOOL CINEMA. On 22nd May 2024 Ms. Farah Javid lead the session and guided the teachers how to go about dealing with school cinema in their classrooms. The films create experiences for the children to learn for life, which can be well enhanced through discussions with the help of the workbook.

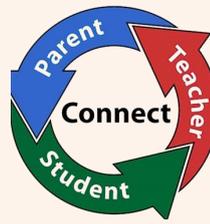


**A**n orientation, to get adept with the usage of tools and new additions in Tata class edge was held on 18<sup>th</sup> May 2024. Also for the teachers handling pre-primary and classes 1 to 7, the session was conducted in the forenoon of 23 May, 2024.





# Parent Orientation



**A** protracted Orientation was conducted in the auditorium on June 8th for the classes of 9 and 10. For the other classes the orientation was conducted in their respective classrooms. The parents were briefed about the new initiatives taken by the school management for enhancing holistic development and meet with everchanging trends in education. A Comprehensive presentation of the CBSE curriculum and assessment patterns for the year 2024-25 was shared through a power point presentation. Dr.Rajdeep Manwani ,an eloquent orator, through his inspiring words, 'Parenting is a pleasure, not a pressure; be a Pygmalion during your child's growing years,' resonated deeply with the audience. It offered valuable insights to ponder, leaving a lasting impact and inspiring a transformative shift in perspective.

## Traffic Awareness...

*Lane Discipline is sane Discipline...*



**T**he local Traffic Police Department organised a workshop at Sindhi High School Hebbal on 14th June 2023 to educate students about road safety. Led by sub inspector Shri Nagaraj, the session covered topics such as the importance of wearing seatbelts, the dangers of using mobile phones while driving, and the impact of speeding. Using multimedia presentations and interactive discussions, the workshop engaged students in learning about traffic rules, and safe road practices. Students found the workshop informative and useful. The workshop ended with students pledging to follow traffic rules and promote road safety.

# Yoga Every Day Keeps Disease At Bay



**T**he 10th International Yoga Day at Sindhi High School, Hebbal was celebrated with remarkable enthusiasm and joy. The event witnessed active participation from students across Classes 1 to 12, along with the Principal, Vice Principals, and faculty members. The day's celebrations were a harmonious blend of various engaging activities centered around yoga.

Students demonstrated their yoga prowess and dedication through various Asanas. The event showcased the commitment of Sindhians in promoting the ancient practice.

## Where words fail music speaks...



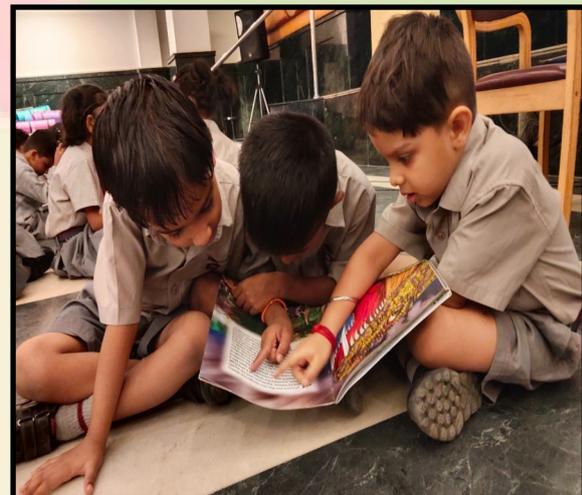
**M**usic, the universal language, has been a timeless and boundless medium of expression, transcending cultures and generations. The Choir group's harmonious vedic chant, accompanied by the rhythmic beats of the mridangam and tabla, perfectly complemented the graceful dance movements, creating a symphony of devotion and melody. The lamp lighting ceremony by our Respected Principal Mrs Rachna Sharma gave an illuminating start to the musical extravaganza. The programme culminated with the revered compositions of Saint Thyagaraja, music became multilingual, bridging gaps and uniting minds, a testament to its divinity and universality.

# Reading Maketh A Full Person...



**T**

he National Reading Day was observed from June 19 to 24 to honour late P.N. Panicker, a pioneer in literacy and education. The week-long celebration featured fun reading activities, book reviews, creative storytelling, book cover design competitions, and a mass reading activity where over 1000 participants pledged to read regularly. The event successfully promoted reading culture and literacy, encouraged creativity and critical thinking, and honoured Panicker's legacy, inspiring a love for reading and fostering a community of book lovers.

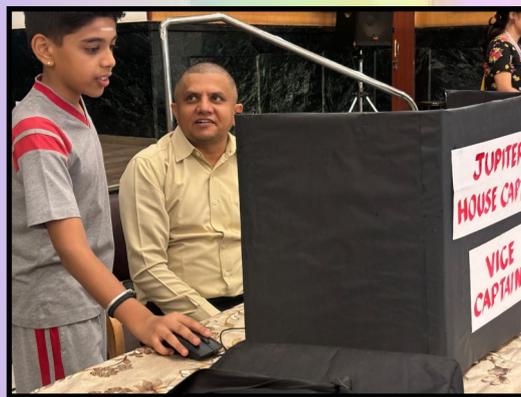


# Shaping Future-Sindhian Elections



This year, Sindhi High School Kempapura introduced an innovative student council election process. Contestants from each house—Venus, Jupiter, Neptune, and Earth—submitted their names for the coveted posts of Head Boy, Head Girl, Sports captains, House Captains and Vice Captains.

After a preliminary screening, the nominees campaigned with posters, slogans, and speeches, to exhibit their leadership skills. On the election day, students cast their votes using EVM machines hired from Bharat Electronics under the supervision of teachers and administrators to ensure fairness and transparency. After counting the votes, the Principal Mrs. Rachna Sharma announced the winners.



# Embracing Leadership - Investiture Ceremony



**T**he halls of our school echoed with excitement as students and teachers gathered for the Investiture Ceremony. The dais was adorned with microphones, a podium, and banners bearing the school motto, *Thamasoma Jyothirgamaya-From Darkness unto Light*. The function started off with a series of vibrant dance performances by the school's talented dance troupe.

Sequentially the student council members walked confidently onto the stage to receive their badge of honour, symbolising their roles as leaders.

## **JUPITER HOUSE:**

Captain- E Falak Singh Jarrota -12 C  
Vice-Captain- Aarjav Jain -10 A

## **NEPTUNE HOUSE:**

Captain- Chirant Aradhya-12 C  
Vice-Captain- Anish Ranganath -10 A

Head Boy-Adarsh Hitesh Shah-12 C

Head Girl- Sinchana P Herle -12 A

Sports captain(Boys)-Shashank Suresh-12 A

## **VENUS HOUSE:**

Captain -Sriram.P -12 C  
Vice-Captain- Chetan Sai -10B

## **EARTH HOUSE:**

Captain- Aryan Dandapat-12 C  
Vice-Captain- Hitesh M. Rajdev-10 D

The Subject Coordinators received their badges from the Executives to signify their role in driving success and unity within teams. The respective house mistresses, Mrs Rekha Kapse (Earth house), Mrs Neha Sharma (Venus House), Mrs Archana Nene (Jupiter House) and Mrs Sanjana Batra (Neptune House) were presented with their badges to mark their and commitment to their role. Prefects from classes 9 and 11 were honoured with their badges from the Executives.

The newly appointed head girl Sinchana Herle of Class 12A stepped forward to deliver the vote of thanks.

The Ceremony concluded with inspiring words of wisdom shared by our respected Principal Mrs Rachna Sharma..

On this day, our school had not only celebrated leadership but had also ignited a spirit of unity and purpose among its students.

# Next gen AI & Robotics.... 21st century

skills



**A** four day comprehensive workshop, Think Edge, led by Ms. Roopa Obalesh Technical Coordinator Robotics and AI was conducted from June 19, 2024 to June 22, 2024. It aimed to provide the participants with a thorough understanding of key areas such as Natural Language Processing, Computer Vision, Data Science, Next-Gen Artificial Intelligence, and Robotics. The hands-on workshop offered practical skills in programming and implementing robotic systems, with industry experts sharing real-world scenarios and case studies. Participants gained valuable insights, networking opportunities, and hands-on experience with state-of-the-art robots.

The workshop was a resounding success, providing a unique opportunity for participants to explore the latest developments in robotics and AI. Think Edge and Ms. Roopa Obalesh's expertise made the workshop engaging and informative.

Conducting such informative workshops regularly helps one to keep pace with the rapidly evolving sectors, exploring advanced topics, and providing opportunities for participants to work on projects and showcase their skills."



# "Your Work Does Not Go Unnoticed."



**P** prize day is a momentous occasion that celebrates academic

excellence, hard work, and achievements. It's a special day when students, teachers, and parents come together to recognize and honor outstanding performances, efforts, and contributions. The atmosphere is filled with excitement and pride as students receive awards, trophies, and certificates, acknowledging their accomplishments in various fields, such as academics and extracurricular activities. Prize day serves as a motivation for students to strive for excellence, and it's a wonderful way to begin the academic year, leaving a lasting impression on everyone involved.



# Pioneering Youth...



**Y**oung Chess Prodigy Siddhant Poonja Strikes Gold at Asian Youth Championship

In an impressive display of skill and strategy, 12-year-old Siddhant Poonja of Sindhi High school Hebbal Bangalore, India, clinched a gold medal in the team event and bagged two individual medals at the 26th Asian Youth Chess Championship held in Kazakhstan from June 10th to 20th, 2024. He also clinched the first place in the U-13 open Karnataka State Chess Championship.

**T**he runners up of Sindhi High School, K.K.Road ,Table Tennis tournament U-16 category.

Aadyot U— 8A ; Advait Nadig—8C; Aarjav Jain—10A & Vibhav G Bharadwaj—8C



Hamsika Hemanth 1 C  
Aarambh, Classical Dance

Tanvi Gireesh K 4 B  
2<sup>nd</sup> Rank Social Olympiad Exam

Sanmai V & Sanmathi 3 B  
Bharatnatyam performance

Vihaan Sandeep Kumble 4 B  
2<sup>nd</sup> Rank Social Olympiad Exam

# Pioneering Youth...

## Interschool Competition



1st Position

DAKSH HEMANTH, DAKSHITH M V. NIDHI P, TAMAN A

Event: Treasure Hunt



2nd Position

MANOGNA T, TRISHA K M

Event: Face Painting



Runners up

ABHAY MB, VEDANTH R, VISHNU R, SUSHRUTH, ABHAY D M, MAYUR R, CHANDAN, MANVIK, ABHIJAY SRIDHAR, SHREYA NITIN, & KAVISH

Event: Football



2nd Position  
3rd Position

AKHILA VIPIN MADAN GARLI  
NISHANTH UTHAPPA

Events: Poetry & Standup Comedy



3rd Position

HARSHAVARDHANA NARESH HOLLA

Event: Debate



**Table Tennis**  
Boys - under 14 category  
Singles - winner - Aadyot U  
Runner- Vibhav G Bharadwaj.  
Doubles - runners up  
(Aadyot and Advait)  
Girls - under 16 category  
Singles - runner up ( Mihira Vadyar)  
Venue - Indian public school.

# The Opening Of Our Knowledge Repository...



The treasure house of knowledge was inaugurated on 4<sup>th</sup> July 2024 by our Respected Principal Mrs Rachna Sharma and our Vice Principals Mrs Chitrlekha and Mrs Mridula Tripathi. The day unfolded with our salutations to the Almighty to seek his blessings .

Children were filled with enthusiasm and zest as they were introduced to a myriad of story books and fun magazines. The atmosphere kindled a sense of pride amongst all of us.

The junior Library in the ground floor and the senior library in the first floor serves as a centre for growth and excellence at Sindhi High School, Hebbal.



# Colour Swirl



**C**olour is a power which directly influences the soul and brings positivity amongst all. It plays an important role in the world we live in.

Colours can sway thinking and emotions. Colours are irreplaceable. To bring positivity, colour week was celebrated with great enthusiasm.





# Kargil Vijay Diwas – Rajat Jayanti



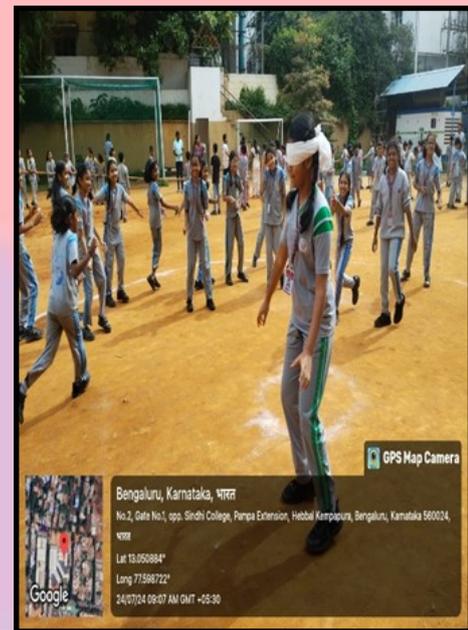
**T**hey fought valiantly, their memory lives on. “By honouring the past, we inspire others to uphold the same values of bravery and selflessness”.



In remembrance of the gallant efforts and sacrifices of our brave heart soldiers at Sindhi High School-Hebbal a special assembly was conducted on 26th of July on the occasion of the 25th anniversary of Kargil Vijay Diwas to pay tribute to our valiant soldiers, who helped India emerge victorious out of the Kargil war.

The campus resounded with patriotism as the students of class 1 to 3 sang “nanamunna rahe hun... desh ka sepahi hun bolo mere sung jai hind..” Ms.Rekha briefed about the on-going event, followed by a fabulous speech by Vihaan Pradeep Gowda of class III B which concluded with a pledge commemorating the sacrifice of our brave soldiers. This was followed by a mesmerising dance performance by the students of class . The heroic life and daunting circumstances during the Kargil War was brought to light by the students, who enacted an interview sequence of two Kargil War heroes and their family members. The war scene, a hair raising show, was well brought out on stage by the students of class IX. In culmination, the Principal, teachers and all the students offered flowers to our war martyrs.

# Shiksha Saptah



**S**hiksha Saptah, an initiative by The Ministry of Education, Government of India, commemorating the 4th anniversary of the National Education Policy (NEP) 2020 was celebrated from July 22<sup>nd</sup> to 28<sup>th</sup>, 2024. It aims to foster a spirit of collaboration and innovation among learners. Each day of the week was dedicated to a specific theme, showcasing various aspects of education and development.

As part of the Shiksha Saptah celebrations, Foundational Literacy and Numeracy (FLN) Day, was celebrated on 23<sup>rd</sup> July, recognizing the critical importance of FLN in the early years of education. FLN activities such as number recognition, number name, addition and reading with innovative methods enthralled the little ones of grade I and II.

Sports Day was celebrated on 24<sup>th</sup> July. Students along with teachers actively took part in various indigenous games like Lagori, Hide and Seek, Hopscotch, and Tug of War. It also provided an opportunity for students to learn the value of teamwork, planning, and creativity.

Cultural Day was celebrated on 25<sup>th</sup> July showcasing the various folk dances of states with diverse culture. Vibrant and unique forms of folk dance from Karnataka, Bharatnatyam (classical dance) and Mayilattam- peacock dance from Tamil Nadu was presented aesthetically and gracefully by the students.

Foundational Literacy and Numeracy Day - Shiksha Saptah

FLN Day began with Story telling, Number games and fun filled

Literary activities. The day laid emphasis on the significance of foundation literacy and numeracy skills for children in early stages of their education.



**S**kill and Digital initiatives Day was celebrated on 26<sup>th</sup> July to highlight the critical role of skill education in the country's holistic development and to empower students with the necessary competencies to thrive in the 21st century. Activity on animation and digital story telling using Pictoblox, was conducted. Students actively participated with great zeal and enthusiasm.



# Promoting Peace Through Art...



To harness the healing power of Forgiveness, Sadhu Vaswani's birth anniversary was celebrated as **ART DAY** with great glitz and glamour on 2nd of August 2024. Student exhibited their inherent talent in different art forms like find, seek and colour, making a greeting card, Abstract interpretation, poster designing, painting on a T-shirt, pot painting, umbrella painting, wall painting which was a blend of vibrant colours and creativity.

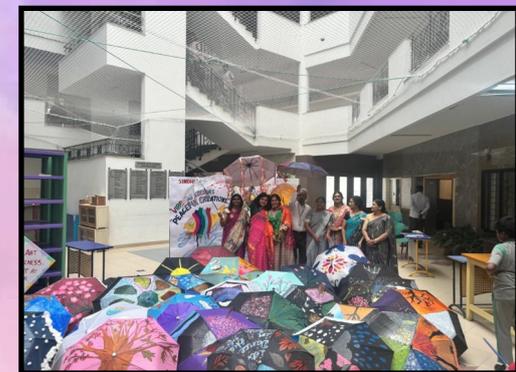
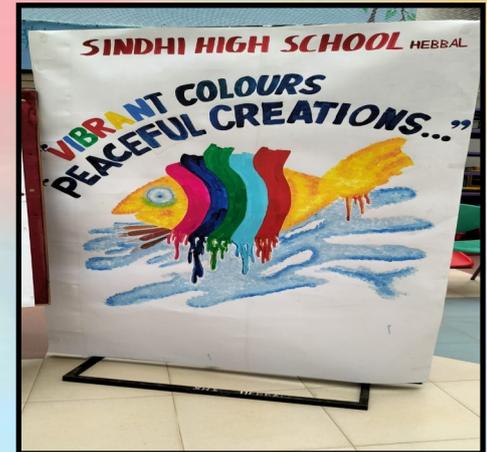
Students also proactively participated and exhibited their culinary skills in cooking without fire.

The significance of the day was further reiterated by taking the Forgiveness Pledge and distribution of forgiveness bands worn around their wrist with a sense of love. A Moment Of Calm was observed at 2 p.m to mark the significance of the day.

Children had a fulfilled day with lots of indoor and out door activities organized by teachers.



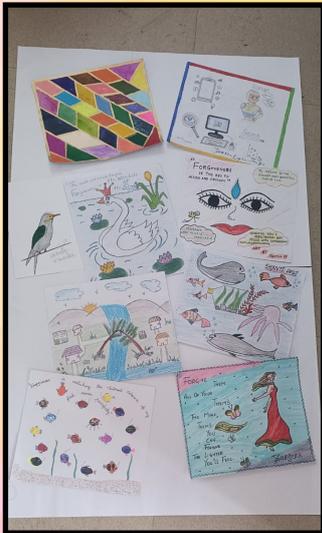
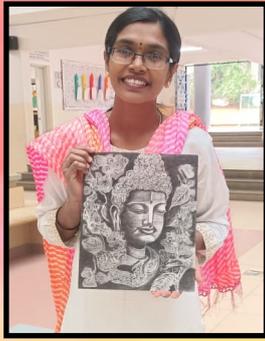
# Vibrant Colours Peaceful Creations...



## Prize Winners Of Art Day

| Std & Sec | 1st                                  | 2nd  | 3rd                     |
|-----------|--------------------------------------|--|-------------------------|
| Nursery A | Saanjh Talapatra                     | Aadya Ranjan                                 | Maurya Sandesh          |
| Nursery B | Mohith S Gowda                       | Omisha Agarwal                               | Kushi Jalihal           |
| L.K.G A   | B Himesh                             | Chiranvi Pruthvi                             | B M LasyaPriya          |
| L.K.G B   | Navishka M A                         | Loukya Arun                                  | Monvi Nanda S           |
| L.K.G C   | G Nishvika Reddy                     | Samiksha Mannur                              | Rihitaksh K Varma       |
| U.K.G A   | S Dhananya Shri                      | Priyansh Sahoo                               | Prabha Surya S          |
| U.K.G B   | Samhitha Y                           | Vanshika S Naidu                             | Amahira Sharma          |
| U.K.G C   | Divisha P Jadhav                     | Kamalini Reddy                               | Sumedh Varma S          |
| U.K.G D   | Siddharth H M                        | Shriyan K                                    | Kiyara Sai R            |
| I A       | Aaradhya Bhat                        | Jaksh L Gowda                                | Avani V Bhat            |
| I B       | Aanvi Rajpurohit                     | Jaswika R                                    | Sanvi Nagaraj Gangal    |
| I C       | Parineeti Reddy Kamidi               | Adhvay Anil                                  | Arjunan Dev J           |
| I D       | Aaina Chavan                         | Gaanvi V Mylar                               | Yashmith M              |
| II A      | Bhumi T Y                            | Ambree Kaur                                  | Dheeraj C               |
| II B      | Saisha Rout                          | Charul R Mane                                | Rayansh Singh           |
| II C      | Samarth Harish                       | Riya Jain                                    | Mohith P Gawal          |
| II D      | Hrishi K.H                           | T Sudharshika                                | Anaya Maryam            |
| III A     | Ritwik Raj                           | Sannidhi B Belgaumkar                        | V. Sanmai               |
| III B     | Ranya Abhinandan                     | Kshamyra Rao                                 | A Aruhi Arya            |
| III C     | Poorna Ram T                         | Pasarakonda Kapil Siddhu                     | Dhuvin C S              |
| III D     | Harini Balaji                        | Advika V                                     | Yoshika Sahu            |
| IV A      | Stuti S                              | Aashritha Sai Patamata                       | Deshna Bathala          |
| IV B      | Ruthwik VS                           | Arshadhaa Anbuselvan                         | Naitika D               |
| IV C      | Khushansh Singh Sindal               | Anvika H                                     | Jhanavi Gowda K         |
| IV D      | Shanvi Kailaikurthi                  | Sinchana G Kanive                            | Keerthana M             |
| V A       | Aghanya V Dhisley                    | Ameya Shripathi                              | Siddantha collur        |
| V B       | Nisarga V                            | Joksh Mahanthesh Yarana                      | Sannidhi Manjunath      |
| V C       | Bhavin Shivakmuar                    | Sahana S                                     | D.S.Sadhwin             |
| V D       | Viha Kasetty                         | Rajeshwari R                                 | Gutta Sai Lavanya       |
| VI A      | Arjun M                              | Deeksha Nayak                                | Lishika M Reddy         |
| VI B      | Sanchita Rajashekar Anagod           | Yukthi N                                     | Priyamvada Vasireddy    |
| VIC       | Hridhaan                             | Liora Panigrahi                              | Pradjot Pratipadi       |
| VI D      | Dhathri ND                           | Prathiksha A                                 | Eshitha Nagaraj Sharma  |
| VII A     | Anshika Jhawar                       | Mithun Reddy L                               | Maithreya R             |
| VII B     | Ananya V                             | Maanya Reddy                                 | Harshil D               |
| VII C     | Sthuti Shivananda                    | Yogitha N                                    | Subramanya Goutham H    |
| VII D     | Apeksha Karigoudar                   | Sushanth Vumdavilli                          | E. Sharanya             |
| VIII A    | Dakshita K                           | Dhriti D Nayak                               | Chinmayi P              |
| VIII B    | Sonika P                             | Shrinidhi M                                  | Gagan G                 |
| VIII C    | Gangotri Shasappa Dasar              | Yashasur P                                   | Yashitaa Prakash        |
| VIII D    | Manoj Kumar N                        | Hitesh N                                     | Aditi Prakash Dabs      |
| IX A      | Jithakshee Saha Arshia<br>Avishi     | Akshara Srinivas &<br>Samiksha M Pawar       |                         |
| IX B      | Shishira D                           | Janhavi Pradeep                              |                         |
| IX C      | Ruchita Dinesh &<br>Vaishnavi Manish | Saanvi Navada &<br>Matangi                   | Vedantti & Nishta Desai |
| IX D      | Deepthangee Panambur<br>& Saanvi N   | Chethana Priya B R &<br>Sanjeevini P Kashyap | Raagajasti & Janani G K |

# Creativity Galore... From The Teacher's



## Celebrating Creative Teachers' Excellence

First Prize - Ms. Ambica

Second Prize - Ms Rashmi K

Third Prize - Ms. Srikala

Consolation Prize - Ms.Padmavathy & Ms Sumana



**A**rt enables us to find ourselves and lose ourselves at the same time"

Art day was celebrated with great glitz and glamour on 2nd of August 2024 .Student exhibited their inherent talent in different art forms like find seek and colour, making a greeting card, Abstract interpretation, poster designing, painting on a T-shirt, pot painting, umbrella painting, wall painting which was a splendid mixture of vibrant colours and creativity.

Student also proactively participated and exhibited their culinary skills in cooking without fire, it was amazing to watch the creative dishes deliciously prepared by them.

Forgiveness Day was celebrated by children taking forgiveness pledge followed by distribution of forgiveness band worn with pride on their hand. Children had a funfilled day with lots of indoor and out door activities organized by teachers.



### Prize Winners Of Art Day

| 1 | 1st                             | 2nd                        | 3rd                         | Consolation          | Consolation         |
|---|---------------------------------|----------------------------|-----------------------------|----------------------|---------------------|
| 2 | Renjini Surendra-XD             | Anika Shetty-XB            | Vihaan Deepak Jain-XB       | Parineetha V H-XB    | Brunda M-XD         |
| 3 | Anisha Y N -XD                  | Manyatha Rashmi T. S-XB    | Laksh Kataria-XB            | Rohit Chandra -XD    | Keerthana N-XD      |
| 4 | Lavanya Dwarakanath Ramadeva-XA | Saanvi Harish-XD           | Pushya Biligiri N H-XB      | Anish G- XC          | Dhriti Harish XB    |
| 5 | Shripriya Srikanth-XB           | Zoha Tasneem-XA            | Anika Singhi-XA             | Rissha Sakrevagol-XD | Yashaswini D S -XC  |
| 6 | Abhijna Shrikanth-XD            | Hansika Arakere Aravind-XA | Dev Santosh Chhabria-XA     | Tansha A-XC          | Manasa V R -XC      |
| 7 | S Hamsini-XC                    | Kusum Janvi-XB             | Nidish Rajkumar Raghavendra | Sachin Samdasani-XD  | Dhatri Pamarthi -XA |
| 8 | Benuthi U-XD                    | Snikitha Avinash-XD        | Abdu Shamad -XC             | Hitesh M Rajdev-XD   | Disha V-XC          |
| 9 | Bhumika Kulkarni-XD             |                            | Yashas B S-XB               |                      |                     |



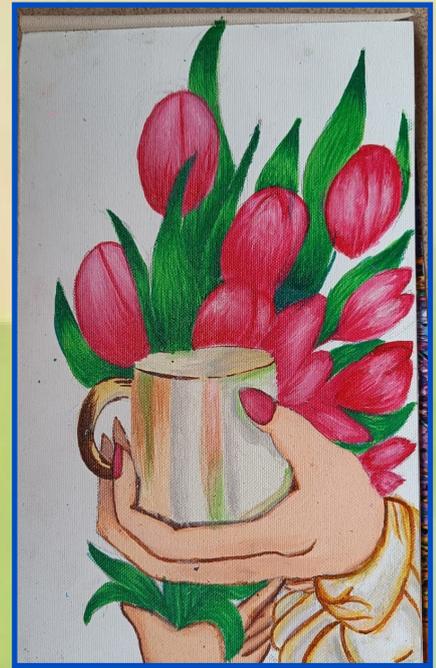
# *Igniting Imagination...*



Akshara.R .Shenoy  
6A



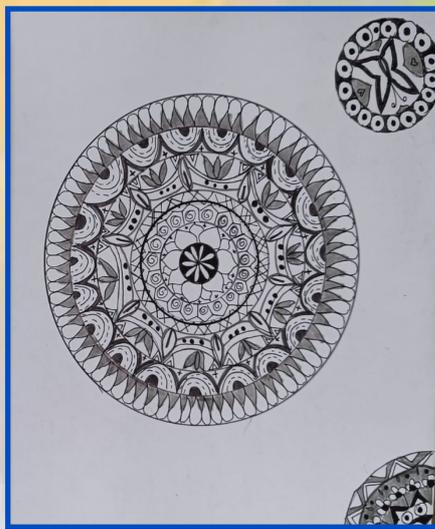
Reshika Tyagaraj  
6 D



Dhaatri  
6D



Anaisha Singh  
6A



Jaishree B  
9A



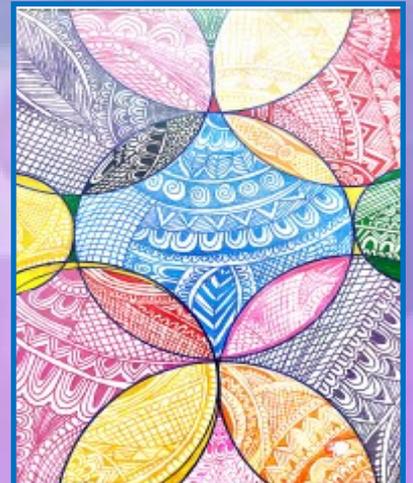
Prathiksha A  
6D



Akshita  
10D



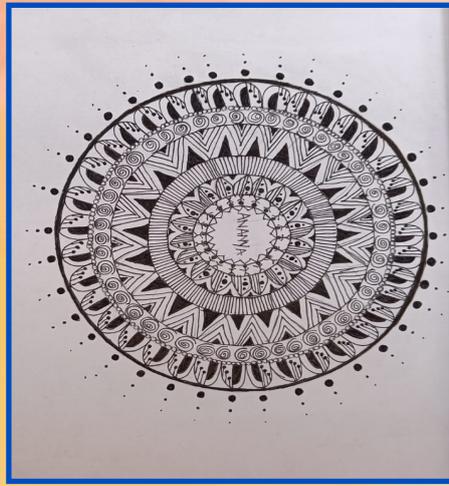
Ahana Navile  
5 B



Anshika Jhavar  
7 A



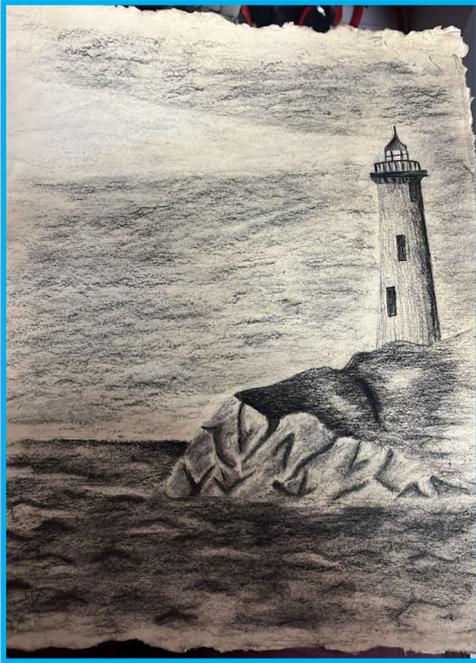
**Jia**  
**12C**



**Ananya A**  
**9 D**



**Pragna**  
**9 C**



**Aditi Prakash Dabshetty**  
**8 D**



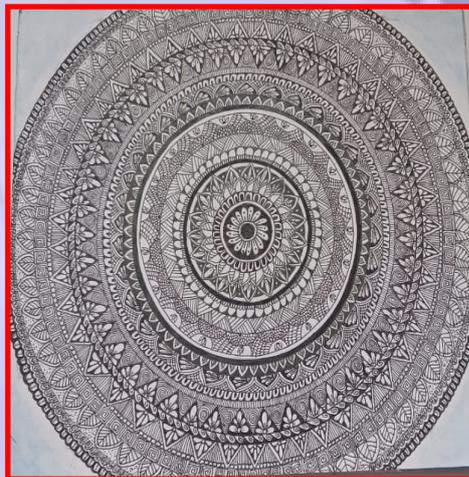
**Varshini**  
**9 C**



**Kushal**  
**7 C**



**Priya D**  
**10 A**



**Samiksha M Pawar**  
**10 A**



**Vihaan**  
**10 B**

# प्रज्ञानम्-



## ANCIENT UNIVERSITIES OF INDIA

भारतं विश्वस्य प्राचीनतम- सभ्यतासु अन्यतमम् इति कथ्यते । भारतं उच्चशिक्षणकेन्द्रम् आसीत् । शिक्षायाः कृते अपि महत्त्वं धारयति स्म । गणित- ज्योतिष- खगोल- विज्ञानानां क्षेत्रे भारतस्य महत् योगदानम् आसीत्। वैदिकविज्ञानम् एतावत् उन्नतम् आसीत् यत् वर्तमानकालस्य वैज्ञानिक आविष्कारैः सह तस्य तुलना कर्तुं शक्यते।

## NALANDA UNIVERSITY



‘नालन्दा’ अयं शब्दः संस्कृतस्य ३ शब्दैः निर्मितः यस्य अर्थः अदम्यज्ञानस्य प्रवाहः । एतत् पुस्तकालयम् एतावत् विशालम् आसीत् यत् अत्र प्रायः १.२ कोटिः सर्वविषयाणां, विविधाः पाण्डुलिप्याः च पुस्तकानि आसन् । केषाञ्चन दस्तावेजानुसारं नालण्डा ११,००० छात्राणां, २५०० प्राध्यापकानां च गृहम् आसीत् । एकदा बख्तियार खिलजी नालन्दस्य आचार्यं राहुलश्रीभद्रस्य समीपं गत्वा स्वस्य रोगस्य चिकित्सां कर्तुं विना किमपि शारीरिकं औषधं सेवनं कृतवान् । आव्हानं स्वीकृत्य आचार्यः खिलजी इत्यस्मै नित्यं पठितुं कुरानं दत्तवान्, यस्मिन् पृष्ठानि औषधानि भवन्ति स्म, पृष्ठानि स्पृशन् तस्य अङ्गुलीः औषधं अवशोषयन्ति स्म खिलजी अतीव स्वार्थी सन् सम्पूर्णं विश्वविद्यालयं दग्धवान् यत् एतादृशं ज्ञानं कोऽपि न प्राप्नुयात्। ६ मासान् यावत् पुस्तकालयः निरन्तरं दहति स्म इति कथ्यते ।

# TAKSHASHILA UNIVERSITY



अयं विश्वविद्यालयः तृतीयशताब्द्याः आरभ्य विश्वस्य प्राचीनतमः विश्वविद्यालयः अस्ति। तक्षशिलाम् आगच्छन्तः छात्राः प्रायः गृहे एव प्राथमिकशिक्षां [अष्टवर्षपर्यन्तं माध्यमिकशिक्षणं च आश्रमेषु [अष्टद्वादशवर्षयोः मध्ये] सम्पन्नं कृत्वा तदनन्तरं मुख्यतया विशिष्टविषयेषु ज्ञानस्य अन्तं प्राप्तुं तक्षशिलाम् आगतवन्तः। अस्मिन् विश्वविद्यालये २०० अधिकाः प्रयोगशालाः, अवलोकनकेन्द्राणि च आसन् । उत्खनने युगपत् रेखीयसमीकरणानि, जटिलश्रृङ्खलानां योगः, गणितीयज्यामितीयप्रगतिः इत्यादयः उन्नतगणितानि युक्ताः पाण्डुलिप्याः प्राप्ताः

## DASHAVATARA

दशावताराः प्रमुखाः हिन्दुदेवस्य विष्णोः दश प्राथमिकावताराः सन्ति ।

विष्णुः विश्वक्रमस्य पुनर्स्थापनार्थं अवताररूपेण अवतरति इति कथ्यते ।

समाविष्टानां अवतारानाम् सूची सम्प्रदायेषु प्रदेशेषु

चभिन्ना भवति, विशेषतः बलरामस्य (कृष्णस्य भ्राता) अथवा

गौतमबुद्धस्य समावेशस्य विषये यद्यपि कोऽपि सूचीः निर्विवादरूपेण

मानकरूपेण प्रस्तुतुं न शक्यते तथापि "पुराणादिग्रन्थेषु प्राप्यमाणा

सर्वाधिकं स्वीकृता सूची कृष्णः, बुद्धः अस्ति। अधिकांशः

निम्नलिखितचित्रसमूहात् आकर्षयति, अस्मिन् क्रमे मत्स्यः; कुर्मः; वराहः;

नरसिंहः; वामनः; परशुराम रामः वा बलरामः; बुद्धा वा।

दशावतारस्य प्राचीनसंकल्पनायाः क्रमः अपि आधुनिकडार्विनीयविकासस्य प्रतिबिम्बकः इति व्याख्यातः अस्ति ।



## ಪರಿಸರವೇ ನಮ್ಮ ಮಿತ್ರ

ಮಳೆಯೇ ಜೀವ ನನಗೆ  
ಗುಡುಗು ಸಿಡಿಲೇ ಭಯಾನಾಕ  
ತಂಗಾಳಿ ಮಾತ್ರ ಹಿತ  
ಮಳೆಬಿಲ್ಲು, ಆಹಾ! ಎಂಥ ಚಂದ

ಎಳೆ ಬಿಸಿಲೇ ಜೀವ ನನಗೆ  
ಸೆಕೆ, ಬೆವರು ಅಯ್ಯೋ! ಕಷ್ಟ ಕಷ್ಟ  
ಬಿರು ಬಿಸಿಲು ಬೇಡ ನನಗೆ

ಚಳಿ ಆವರಿಸಿದಾಗ

ಮೈ ತುಂಬಾ ಹೊದೆಯುವೆ  
ಹಿತವಾದ ನಿದ್ರೆಗೆ ಜಾರುವೆ

ಕಾಯಕವನ್ನು ಮರೆಯುವೆ

ಮಳೆ, ಬಿಸಿಲು, ಚಳಿ ಎಲ್ಲವೂ ಇಷ್ಟ  
ಅವು ಅತಿಯಾದರೆ ಕಷ್ಟ  
ಆಗುವುದು ನಮಗೆ ನಷ್ಟ



ಸಂಚಿತ ಕೆ.ಎ

೫ನೇ ತರಗತಿ 'ಡಿ' ವಿಭಾಗ

## ಭಾವಾಂತರಂಗ



ತಂತ್ರಜ್ಞಾನದಿಂದ ಹೆಚ್ಚಿದ ಮಾನವನ ಬುದ್ಧಿವಂತಿಕೆ

ತಂತ್ರಜ್ಞಾನವು ನಮ್ಮ ಅರಿವಿನ ಸಾಮರ್ಥ್ಯಗಳನ್ನು ಹೆಚ್ಚಿಸಲು  
ಹಲವಾರು ಉಪಕರಣಗಳು ಮತ್ತು ಅಪ್ಲಿಕೇಶನ್‌ಗಳನ್ನು ನೀಡುತ್ತದೆ.

(ಉದಾ : ಮೆದುಳಿನ ತರಬೇತಿ ಅಪ್ಲಿಕೇಶನ್) ಕೆಲವು ಕಂಪ್ಯೂಟರ್  
ಪ್ರೋಗ್ರಾಂಗಳು ಮತ್ತು ವಿಡಿಯೋಗೇಮ್ ಗಳು ಜನರ ಸ್ಮರಣೆ,  
ಬಹುಕಾರ್ಯಕ ಕೌಶಲ್ಯಗಳು, ಬುದ್ಧಿವಂತಿಕೆ ಮತ್ತು ಅರಿವಿನ  
ಸಾಮರ್ಥ್ಯಗಳನ್ನು ಸುಧಾರಿಸುತ್ತವೆ. ಹಾಗೂ ಮಾನಸಿಕ ಆರೋಗ್ಯ,  
ಸ್ವಯಂ ನಿರ್ವಹಣೆ , ಮೇಲ್ವಿಚಾರಣೆ , ಕೌಶಲ್ಯ ತರಬೇತಿಯನ್ನು  
ಒದಗಿಸುತ್ತವೆ. ನಮ್ಮ ಜೀವನದ ಪ್ರತಿಯೊಂದು ಅಂಶವನ್ನು ನೋಡುವ  
ಮೂಲಕ ತಂತ್ರಜ್ಞಾನವು ನಾವು ವರ್ತಿಸುವ ಮತ್ತು  
ಕಾರ್ಯನಿರ್ವಹಿಸುವ ವಿಧಾನವನ್ನು ಬದಲಾಯಿಸಿದೆ. ಸಂವಹನ -  
ಸಾರಿಗೆಯಿಂದ ಆರೋಗ್ಯ ಮತ್ತು ಸಂಪರ್ಕದವರೆಗೆ ತಂತ್ರಜ್ಞಾನವು  
ನಮ್ಮ ಜೀವನವನ್ನು ಉತ್ತಮಗೊಳಿಸಿದೆ.

ಜನಿಷ್ ಡಿ.ಆರ್

ಲ ಸಿ ವಿಭಾಗ

## ಸೊಬಗು

ಸುಗ್ಗಿಯ ಕಾಲದಿ ಹಿಗ್ಗಿ ನಲಿಯುವ  
ಗಾನ ಕೋಗಿಲೆಯು ಎಷ್ಟು ಚಂದ !  
ಗೆಜ್ಜೆಯ ದನಿಯಲಿ ಪುಟ್ಟ ತೊಟ್ಟಿಲಲಿ  
ಕೇಕೆ ಹಾಕುವ ಕಂದ ಮನಕಾನಂದ !  
ಕಾಡು ದಾರಿಯಲಿ ಮಧುರ ಕಂಪು ಬೀರುವ  
ಬಿರಿದ ಮಲ್ಲಿಗೆಯ ಸೃಷ್ಟಿಯ ಅಂದ !  
ಇಳಿಗೆ ಮಳೆಯಾಗಿ ತುಂತುರುಗೈಯುವ  
ಮೊದಲ ಹನಿಯದು ಮಧುರ ಸುಗಂಧ !  
ಅಮ್ಮನ ಮುದ್ದಿನ ತೋಳಿನಾಸರೆಯಲಿ  
ನಲಿಯುವ ಆ ಪರಿ ಸೊಬಗು ಶ್ರೀಗಂಧ !  
ಅಪ್ಪನ ಪ್ರೀತಿಯ ಕೈತುತ್ತನು ಉಣ್ಣುತ್ತ  
ಹಿಗ್ಗುವ ಕಾಲವು ಅದೇನು ಅಂದ !  
ಸೃಷ್ಟಿಯ ಸೊಬಗದು ಎಂತಹ ಬಂಧ  
ಸವಿಯುತ್ತ ಕುಳಿತರೆ ಮಹದಾನಂದ !



ತನ್ನಿ ಗೌಡ ಎಮ್.ವಿ

೯ನೇ ತರಗತಿ- ಎ ವಿಭಾಗ

## “ಕನ್ನಡಮ್ಮನ ಕಂದ”

ಕನ್ನಡಮ್ಮ ನಿನ್ನ ಕಂದ ನಾನು  
ನಿನ್ನ ಹೆಸರನು ಉಳಿಸುವೆನು  
ನಿನ್ನ ಮಡಿಲಲಿ ಮಲಗುವೆನು  
ನಿನಗಾಗಿ ಬಾಳುವೆನು  
ಕನ್ನಡವೇ  
ಉಸಿರೆಂದುಕೊಳ್ಳುವೆನು  
ಕನ್ನಡಕ್ಕಾಗಿ ಹೋರಾಡುವೆನು



ಶಾಶ್ವತ್ ಶೇಖರ

೫ನೇ ತರಗತಿ - ಡಿ ವಿಭಾಗ

## ಛಲಗಾರ

ಒಂದು ಊರಿನಲ್ಲಿ ರಾಮ ಮತ್ತು ಸೀತಮ್ಮ ಎಂಬ ದಂಪತಿಗಳು ವಾಸವಾಗಿದ್ದರು. ಅವರಿಗೆ ಒಬ್ಬ ಮಗನಿದ್ದನು . ಅವನ ಹೆಸರು ರೋಹಿತ್. ರೋಹಿತ್ ಯಾವಾಗಲೂ ಸೋಮಾರಿಯಾಗಿದ್ದನು. ಅವನು ಶಾಲೆಯಲ್ಲಿ ಸರಿಯಾಗಿ ಓದದೆ ಕಡಿಮೆ ಅಂಕಗಳನ್ನು ಗಳಿಸುತ್ತಿದ್ದನು. ಅವನ ತಾಯಿ ಮಗನ ಅಂಕಗಳನ್ನು ನೋಡಿ ' ಹೀಗೆ ಮಾಡಿದರೆ ನಮ್ಮನ್ನು ಹೆಗೆ ಸಂತೋಷ ಪಡಿಸುವೆ.' ಯಾವಾಗ ಓದುವೆ? ಎಂದು ಪ್ರಶ್ನಿಸಿದರು . ಅವನ ತಂದೆಯೂ ಓದಿನ ಬಗ್ಗೆ ಎಚ್ಚರಿಸಿದರು.

ಸ್ವಲ್ಪ ದಿನಗಳ ನಂತರ ರೋಹಿತನಿಗೆ ರಾಹುಲ್ ಎಂಬ ಸಹಪಾಠಿಯೊಡನೆ ಸ್ನೇಹವಾಯಿತು. ರಾಹುಲ್ ಬಹಳ ಬುದ್ಧಿವಂತನಾಗಿದ್ದನು. ಒಮ್ಮೆ ರೋಹಿತ್ ತರಗತಿಯಲ್ಲಿ ಉಪಾಧ್ಯಾಯರು ಪಾಠ ಮಾಡುವಾಗ ಗೆಳೆಯನ ಜೊತೆ ಮಾತನಾಡುತ್ತಿದ್ದನು. ಅವನ ವರ್ತನೆಯನ್ನು ನೋಡಿದ ಶಿಕ್ಷಕಿ ರೋಹಿತನಿಗೆ " ಏಳು! ನಾನು ಏನು ಪಾಠ ಮಾಡುತ್ತಿದ್ದೆ ಹೇಳು" ಎಂದರು. ರೋಹಿತನಿಗೆ ಏನು ತೋಚದಂತಾಯಿತು. ಆಗ ಉಪಾಧ್ಯಾಯರು " ಪಾಠ ಮಾಡುವಾಗ ಮಾತನಾಡುತ್ತಿರಾ, ಮಾತನಾಡುತ್ತಲೆ ಸಮಯ ವ್ಯರ್ಥಮಾಡಿಕೊಳ್ಳುವಿರಿ, ಶಾಲೆಯ ಉತ್ತಮ ಸಮಯವನ್ನು ಹಾಳು ಮಾಡಿಕೊಳ್ಳುವಿರಿ. ಆದ್ದರಿಂದಲೇ ಕಡಿಮೆ ಅಂಕಗಳನ್ನು ಪಡೆದುಕೊಂಡಿರುವಿರಿ" ಎಂದು ಹೇಳಿದರು.



ಇದನ್ನು ಕೇಳಿದ ರೋಹಿತನಿಗೆ ತನ್ನ ತಪ್ಪಿನ ಅರಿವಾಯಿತು. ಶಿಕ್ಷಕಿಯ ಮಾತಿನಿಂದ ಅವನಿಗೆ ಒಳ್ಳೆಯ ಅಂಕಗಳನ್ನು ಪಡೆಯುವ ಛಲ ಹುಟ್ಟಿತು. ಆ ಸಮಯದಿಂದಲೇ ಅವನು ಪಾಠವನ್ನು ಗಮನವಿಟ್ಟು ಆಲಿಸಲು ಆರಂಭಿಸಿದನು. ರಾಹುಲ್ ಜೊತೆಗೂಡಿ ಪಾಠಕ್ಕೆ ಸಂಬಂಧಿಸಿದ ಅನೇಕ ವಿಚಾರಗಳನ್ನು ಚರ್ಚಿಸುತ್ತಿದ್ದನು. ಮತ್ತು ಶ್ರಮ ಪಟ್ಟು ಅಸಕ್ತಿಯಿಂದ ಓದಲು ಪ್ರಾರಂಭಿಸಿದನು. ಹಾಗೆಯೇ ತರಗತಿಯಲ್ಲಿ ಇತರರಿಗಿಂತ ಹೆಚ್ಚು ಅಂಕಗಳನ್ನು ಪಡೆದನು.

ನೀತಿ : "ಮನಸ್ಸಿದ್ದರೆ ಮಾರ್ಗ".

ಈ ಕಥೆಯು ನನಗೂ ಸಹ ಸಮಯವನ್ನು ಸದುಪಯೋಗಿಸಿಕೊಂಡು ಉನ್ನತವಾದುದನ್ನು ಸಾಧಿಸಲು ಸ್ಫೂರ್ತಿಯಾಗಿದೆ.

ಸಾಂಚಿತ ಆರ್. ಅನಗೋಡ್ ; ೬ 'ಬಿ'

## ನಮ್ಮದಿ

ಯಾವ ಸಮಯದಿಂದ ನಮ್ಮ ಮನಸ್ಸು ಬೇರೆಯವರಿಗೆ ಶುಭವಾಗಲಿ ಎಂದು ಯೋಚಿಸಲು ಪ್ರಾರಂಭಿಸುತ್ತದೆಯೋ ಆ ಕ್ಷಣದಿಂದ ಶಾಂತಿ, ನಮ್ಮದಿಯು ನಿಮ್ಮ ಜೀವನದಲ್ಲಿ ಪ್ರವೇಶಿಸುತ್ತದೆ.

ಪ್ರತೀಕ್.ಪಿ.ವಶಿಷ್ಠ

ತರಗತಿ : ೭ ಸಿ

## ಬದುಕು

ಬದುಕು ಇರುವುದು 'ಸವಿಯಲು', 'ಸವೆಯಲು' ಅಲ್ಲ....., ಬದುಕು ಇರುವುದು 'ಸಾಧಿಸಲು' ರೋಧಿಸಲು ಅಲ್ಲ..... ಬದುಕು ....ಇರುವುದು 'ಸಂತಸ ಪಡಲು', 'ಸಂಕಟಪಡಲು' ಅಲ್ಲ

ಬದುಕು ಇರುವುದು 'ಬಾಳುವುದಕ್ಕೆ', ' ಬಳಲುವುದಕ್ಕೆ'...ಆದ್ದರಿಂದ ನಮ್ಮ ಬದುಕು,,, ಒಂದು ಸಂಭ್ರಮವಾಗಿರಬೇಕೆ ಹೊರತು 'ಸಂಗ್ರಾಮ'ವಾಗಿರಬಾರದು.

ಆದಿತ್ಯ ಎಸ್. ೭ ಬಿ

## निराश न होना कभी

जीवन की भागदौड़ में,  
व्यस्तता के माहौल में,  
प्रतियोगिताओं की होड़ में,  
हारकर न बैठना कभी।  
जब चारों ओर अँधेरा हो, जब चिंताओं ने घेरा हो,  
सूर्य की बस एक किरण,  
सुलझा देती हर उलझन।  
हारकर न बैठना कभी।  
किसी ने कहा है बिलकुल सही  
कोशिश करने वालों की कभी हार नहीं होती  
तूफ़ानों से डरकर नौका पार नहीं होती।  
समय सदा एक सा नहीं रहता,  
हार-जीत दोनों का दौर है चलता रहता।  
हार से निराश होना नहीं,  
जीत का विश्वास खोना नहीं,  
उठो, प्रयास करो  
वक्त अभी बीता नहीं।

साई नमीश  
नवी 'डी'

## एक सवाल

आओ पूछें एक सवाल !  
मेरे सिर पर कितने बाल ?  
कितने आसमान में तारे ?  
नदियाँ क्यों बहती दिन-रात ?  
चिड़िया क्या करती है बात ?  
बिल्ली क्यों चूहे को खाए ?  
फूल कहाँ से पाते रंग ?  
बादल क्यों बरसाते पानी ?  
नानी की क्यों सिकुड़ी खाल?  
बतलाओ या कह दो हारे ।  
अजी न ऐसा करो सवाल ।  
यह सब ईश्वर की है माया ।  
इसको कौन जान पाया है ?



अनविका आर्या  
5 D

## भावनाओं के रंग



### मेरा भाई

मेरा भाई नटखट व प्यारा  
रोता गाता सबसे न्यारा ।  
खेल खेलता नाचता गाता  
खाना दे दो तो नहीं खाना ।  
मम्मी को करता परेशान  
चाहिए उसको सबकुछ आसान ।  
अपने भाई से करता लड़ाई  
जब वह कहता अब कर पढ़ाई।  
और जब पापा मारने आते  
वह भाग जाता हँसते-हँसते  
मेरा भाई नटखट व प्यारा  
रोता-गाता सबसे न्यारा ।



कनव पी  
6 D

### पहेलियाँ

ऐसा कौन-सा फल है जिसके पेट में दाँत होते हैं?

उत्तर – अनार

तीन अक्षर का मेरा नाम, उल्टा-सीधा एक समान

उत्तर – कनक

मैं सबके पास हूँ, कोई मुझे खो नहीं सकता। बताओ मैं कौन हूँ?

उत्तर – परछाई

छोटे से हैं मटकूदास, कपड़े पहने एक सौ पचास

उत्तर – प्याज़

ऐसी कौन-सी चीज़ है जो बारिश में चाहे जितनी भी भीगे, कभी गीली नहीं हो सकती है?

उत्तर – पानी



ए. एस. शाश्वत दत्ता  
आठवीं ब

## आजादी का महत्व

एक समय की बात है। एक गाँव में सोनू नाम का कुत्ता रहता था। एक दिन उसका दोस्त मोनू शहर से उससे मिलने आया। सोनू ने पूरे गाँव की सैर करवाई। मित्र मोनू बहुत खुश हुआ। दोनों मित्रों ने दिनभर खूब मस्ती की और थककर पेड़ के नीचे बैठ गए। अचानक सोनू ने मोनू के गले में पट्टा देखा तो उसने प्रश्न किया कि यह पट्टा तुमने क्यों बाँधा है? बड़े दुखी से मोनू ने कहा कि शहर में मालिक सभी पालतू जानवरों को ऐसे ही बाँधकर रखते हैं। जहाँ चाहे ले जाते हैं। हमें शहर में आजादी नहीं मिलती है। यह सुनकर सोनू मन ही मन खुश हुआ कि वह आज़ाद है और उस दिन आज़ादी का असली महत्व समझ लिया।

नीरजा पी 4 C



## My Inspiration

“Excellence is a continuous process and not an accident”, said Avul Pakir Jainulabdeen Abdul Kalam, or our own Dr. APJ. Who else is apt to be inspired by, other than this great leader who is fondly called the “Missile Man of India”. He was an Indian aerospace scientist and statesman who served as the 11<sup>th</sup> President of India from 2002 – 2007. His contribution as a scientist and as a President is outstanding.

“Dream , dream , dream. Dreams transform into thoughts and thoughts result in action”, is one of his famous quotes . He lived by his words . He said every pain gives a lesson and every lesson changes a person . His life was an apt example for triumph over adversities . Born in a poor humble family did not deter him from dreaming big . He rose in life through sheer hard work to become a leading scientist , whom the world stood up and noticed. He encouraged the youth to strive towards assimilating new values , ethics and take in the learnings in their day to day lives.

Dr.APJ dreamt to become a fighter pilot , he sailed through the interview at DTDP. However , along with the qualifications and engineering knowledge , the candidates needed a kind of smartness and our beloved Missile Man of India lacked it . He came in the ninth position out of 25 candidates and was not recruited as the available slots were eight.

This failure made this senior scientific assistant at DTDP tap the other resources within him . He pulled himself up from his failure to make it as an IAF pilot and rose to become the man who headed India's missile programme and occupy the highest office in the country .

His powerful quote “If you want to shine like a star , first burn like a star”. This quote is the very fuel that drives me to put an effort everyday towards achieving my goals and dreams. It not only gives us an insight that we have to overcome the obstacles in the path of success . It clearly states that there is no short cut to success , other than hard work . The sun burns himself to shine bright . You are my sun Dr . APJ, with this I also thank him for giving us all wisdom with his wise words that we will always have in our hearts.

-Shrey Nithin,  
VIII C

## O Night Sky!

Blue-gray coloured  
A galore of stars  
Moon in the water  
O Night Sky! How beautiful you are!

Staring at you  
Touched by the cool breeze.  
Glitter sparkling in my eyes  
O Night Sky! How enchanting you are!

I can hear the trees sway  
Creating a comfortable bed for you  
A shade of dark, then a bright one  
O Night Sky! How relaxing you are!

The bird tired of its day  
Sits by the lake, exclaiming its hardships  
But, for the Child looking up towards you  
it seems to be singing a melody  
O Night Sky! You make me wonder,  
How do you accept every being's feeling  
Into your ocean of serenity!



Kavya C Nair.

Class IX A

## LIFE OF A TEENAGER

In the mirror's gaze, a face unknown  
A life caught between, not quite grown  
Dreams like whispers, hopes so bright  
Navigating shadows, seeking light

The clock ticks loud, a hurried race  
In hallways loud, they find their place  
Books and notes, the endless test,  
Striving hard, to be the best

Friendships bloom, some fade away  
Heartfelt bonds, where secrets stay  
First loves blossoms, tender and shy  
Heartbreak's lesson, a tearful sigh

The future calls, a distant shore  
Questions linger, what's in store?  
Identify shapes, a puzzle complete  
With every challenge, life grows sweet  
Resilience born in every fall  
Standing taller , through it all  
A tapestry of high's and low's  
In the teenager heart, a garden grows

Tvesha Uthappa

Class 12 A

## My Mother

My Mother is the BEST  
She never ever REST  
She works hard everyday.....  
To make my future in a better way.  
She teaches me the difference  
between Good and Bad  
But she will never make me sad  
She is like a friend to me....  
That is why I am not afraid to be me  
One day I will grow up..  
I would like to thank her for not giving up....



Manvi Varma.V  
6 D

## India's best research institution

I stand here,  
With my eyes closed  
Cause the thought of her  
Makes me fear (of my career)  
But I stand trying to be bold  
Because there she waits  
To turn 115 this year  
With her pleasant face  
Fondly gazing at her  
Children running the rat race  
No, she doesn't want them to suffer  
So she stands right there  
Waiting to heal the endured with her knowledge wisdom and care  
She is the Indian Institute of Science in Bangalore.



Rashana S  
10 B

## The Queen

The ocean is a wonderful place  
Where smiles and joy are on every face  
The colour of The Sea is just Divine  
And the sand just shines  
The waves just clear our mind  
Seashells are so fun to find  
The sand is so smooth  
And up the fish shoot  
Blood red looks the sun  
And just when we've all had fun  
Out comes the smiling moon  
And the breeze is fresh and cool  
In the water the moons reflected  
But yet, the Moon's Deflected



Aditi.K.S  
6D

## Add the opportunities

Subtract the Errors  
Multiply the Victories  
Divide the obstacles  
Integrate your Calibre  
Differentiate your weakness  
Inverse the Destiny  
Simplify the struggles  
To  
Solve your life



Anaya  
2D

## Gen Z brain rot

Gen Z brain rot is a term used to describe a state of mental fatigue often associated with excessive consumption of online content, particularly short-form videos and memes with no substance in it. The main consequences are lack of patience to concentrate on longer videos or tasks. The others include obsessive thinking of online memes and trends and mental clutter caused by the constant flow of information into the brain. The causes are quick, engaging content, which can lead to addictive behavior. One example is the "Cocomelon" for the younger audiences and "Skibidi Toilet" for the teens. For every video watched, there is an algorithm which tries to provide similar content in the future to keep you scrolling - which sometimes is bad. It can cause:

Difficulty in concentrating on studies.

Reduced ability to engage in meaningful conversations.

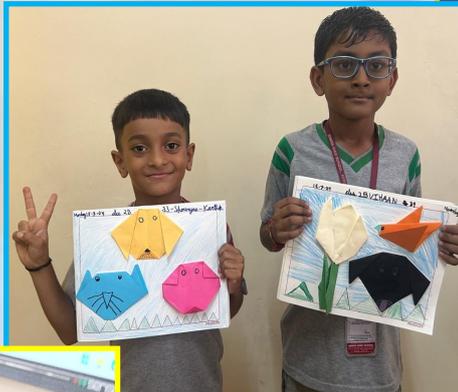
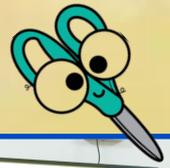
Increased procrastination, stress, and feelings of isolation.

However, not all Gen Z individuals experience brain rot. But, knowing the potential negative impacts of excessive online consumption is, according to me, crucial for maintaining mental well-being.

-Harshavardhana Holla,

8 B

*Dream... Explore... imagine...*



## " Mission Hebbal: A Vision Takes Flight ”

Born in 2003, a brainchild of Sindhi Management's foresight,  
Led by visionary Principals, guided by their light.  
Nurtured by dedicated staff, with love and care,  
A tiny seedling grew, with infinite possibilities to share.

From a bubbly toddler, to a soaring adult, it's grown,  
Transforming lives, as a holistic butterfly is born.  
With each leap, it spreads its wings, embracing new skies,  
A testament to the power of education, where dreams rise.



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